



Conversation in Silence

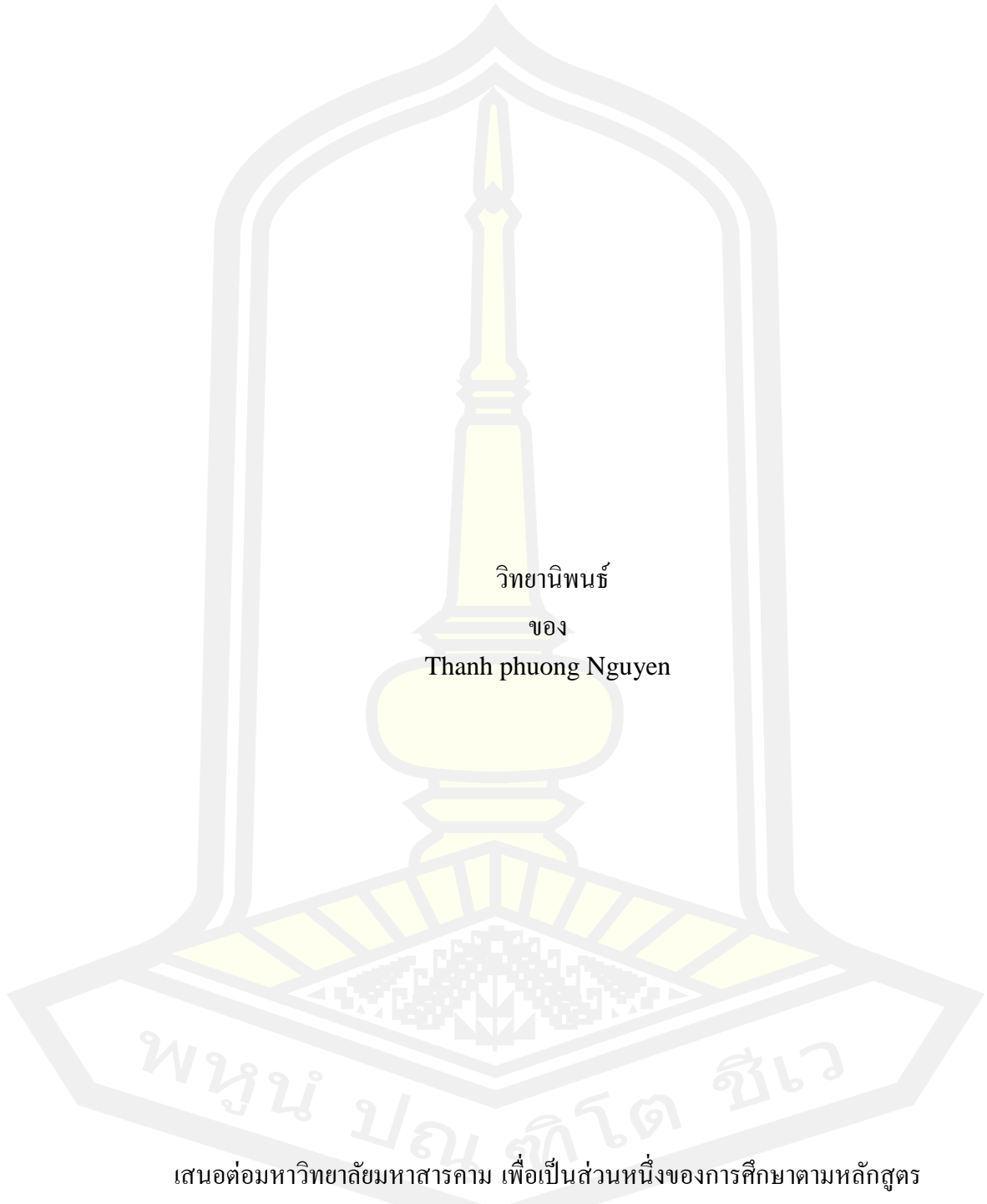
Thanh phuong Nguyen

A Thesis Submitted in Partial Fulfillment of Requirements for  
degree of Master of Fine Arts in Visual Arts

May 2022

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บทสนทนาในความเงียบ



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เสนอต่อมหาวิทยาลัยมหาสารคาม เพื่อเป็นส่วนหนึ่งของการศึกษาตามหลักสูตร

ปริญญาศิลปกรรมศาสตรมหาบัณฑิต สาขาวิชาทัศนศิลป์

พฤษภาคม 2565

ลิขสิทธิ์เป็นของมหาวิทยาลัยมหาสารคาม

Conversation in Silence

Thanh phuong Nguyen



A Thesis Submitted in Partial Fulfillment of Requirements  
for Master of Fine Arts (Visual Arts)

May 2022

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### ABSTRACT

This creative visual art thesis, “Conversation in Silence”. Consist of: two purposes, that is to study inspiration, by feeling accept reality and the observation in everyday life through experience and from contradictions of myself, hidden through postures, gestures sitting, with a contemplative face, the expressions of the inner state and mood of every human being that I have ever seen and met, the surrounding spatial factors such as light, sound and weather form the story, with layers and contours, lines and colors all of which are realistic and natural.

In order to create visual art in an impressive, semi-abstract, fusion style expressed in the form of expressing the character's characteristics and thoughts, integrated in a given space, using color, line and descriptive techniques to convey my thoughts, thoughts and feelings through the characters. This creative activity is collected field data, documentary data, other information sources and media, and is more or less influenced by the creative work of Vietnamese and foreign painters. The data sources have been researched and analyzed in detailed, specific and clear to illustrate the themes and build images and other forms of expressions, through techniques and logical and logical processes to satisfy the concept and special features for the work . All in a perfect harmony summary with concept, purpose and scope of creation.

To convey the content that the topic is directed to is the inner inner heart of each person, clearly see the value of slow life, the value of relaxing moments, enjoying the flavors of life, enjoying the peace of mind, Towards the holy and perfect beauty. The result of this creation are the personal discoveries of the creator and it also gives a new look that is quite special.

Keyword : Silence, Conversation, Acrylic painting, techniques

## ACKNOWLEDGEMENTS

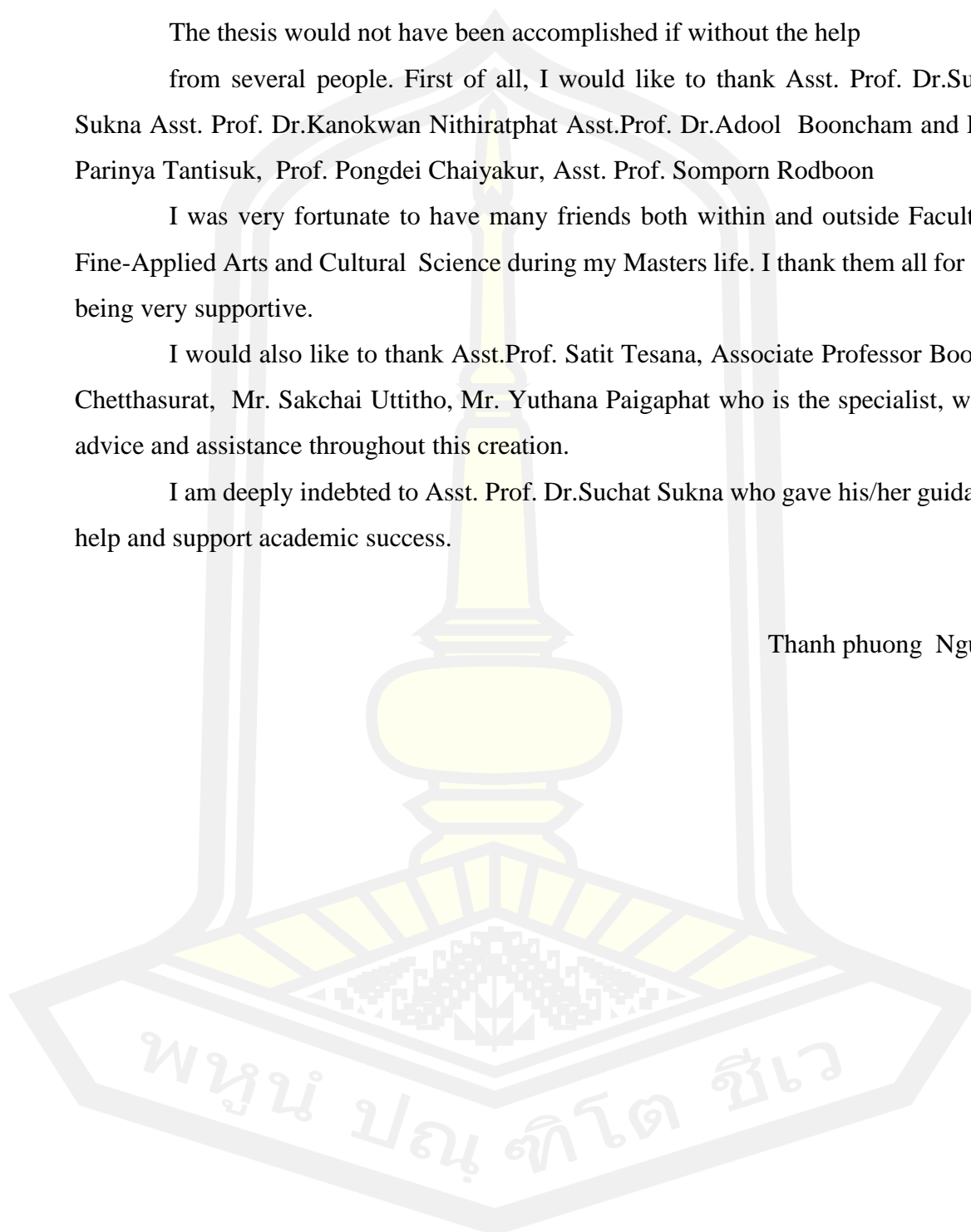
The thesis would not have been accomplished if without the help from several people. First of all, I would like to thank Asst. Prof. Dr.Suchat Sukna Asst. Prof. Dr.Kanokwan Nithiratphat Asst.Prof. Dr.Adool Booncham and Prof. Parinya Tantisuk, Prof. Pongdei Chaiyakur, Asst. Prof. Somporn Rodboon

I was very fortunate to have many friends both within and outside Faculty of Fine-Applied Arts and Cultural Science during my Masters life. I thank them all for their being very supportive.

I would also like to thank Asst.Prof. Satit Tesana, Associate Professor Boontan Chetthasurat, Mr. Sakchai Uttitho, Mr. Yuthana Paigaphat who is the specialist, whose advice and assistance throughout this creation.

I am deeply indebted to Asst. Prof. Dr.Suchat Sukna who gave his/her guidance, help and support academic success.

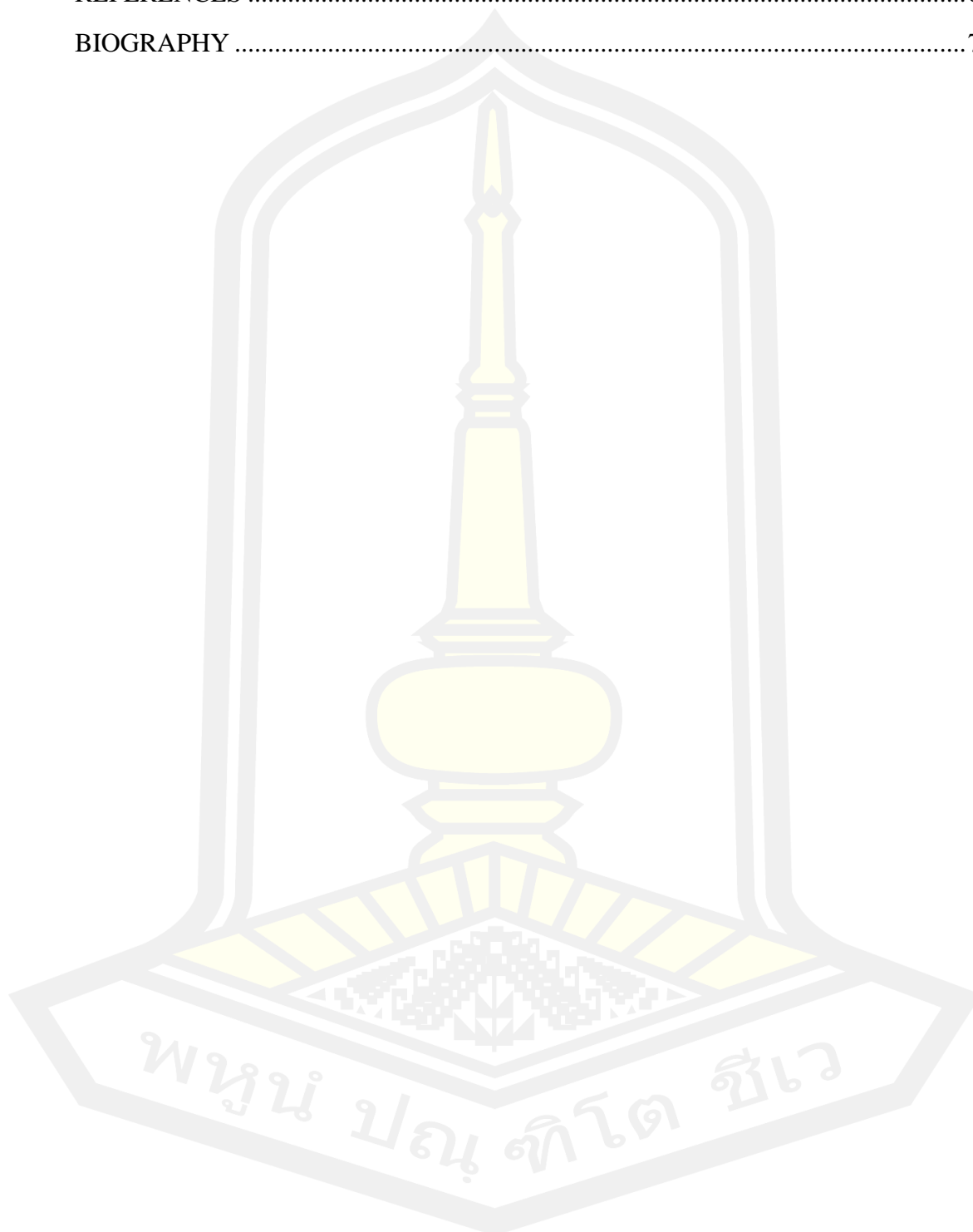
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# CHAPTER I

## INTRODUCTION

### **Inspiration**

I was born and raised in the suburbs of a small coastal city with wide open spaces and friendly neighborhood, where people often show consideration to others and support each other in difficult times. The city has a spacious and airy feel to it, without any environmental problems especially noise and light pollution.

When I grew up, studying, working and living in a larger city, I witnessed the transformation of the urban area. Life is cramped and space is engulfed by high-rise buildings and modernization, gradually revealing the inequality between rich and poor. Residents in the central area due to economic development have moved away from the city, making way for projects and urban restructuring. Living spaces are shrinking. The alleys seem to be narrower and more concrete.

People were active from early morning until late at night, slipping into the fast rhythms of life. They rarely communicate and meet others directly. If there happen to be any meeting, it would be ill-prepared and in a hurry. Everything continues day in and day out in the same rhythm.

Such a busy and hectic society, there still exists somewhere a narrower urban space, the alleyway, where the slow rhythms are less affected by the general trend. Life goes by gently with the company of close and friendly neighbors. There is still somewhere a little remnant of regional culture which contains the cultures of many regions and different cultural beliefs. Time still moves a little bit, lingering on the trees and the gray walls of the surrounding buildings....The alley is like a tube or a layer which contains multi-coloured cultural features.

In those remaining spaces (alleys and lanes) life still goes on with various jobs and professions, but in a certain respect, coffee is still a unique cultural feature of the city in general and alleys in particular in different times of the day, the strong flavor and nice smell of coffee evokes strong feelings in me in the morning when the sun starts rising and the shadows of houses and trees start moving and dancing in the wind; the vehicle sounds start from a single noise and then grow louder and becoming

a mix of rumbling noises... That mix of sounds continue whining and choeing throughout the day.

The activities and sounds on the streets seem to be part of the busy day-to-day life. The city is waking up. Among several ways of coming and going, coffee is one of them. It helps me stay alert, awakening my senses - taste, hearing, smell and sight...

It is where the stories begin... with a range of emotions, highs and lows... Concentration perhaps brings a sense of peace and quiet to the space so that we can wind down, enjoy our coffee and observe life.

The vague memories and overlapping broken lines of thought, the noise of the city becomes a habit like everyone's breath of life. I deal with that turbulence and chaos with a contemplative monologue and being still in that string of opposing sounds by interweaving inner thoughts and emotions with experience.....I observe, contemplate and refine.

Sequencing and going through life events with abstract and random ideas like the trains of thought, innocent and pure color patches that are overlapping and obscured as well as the messy and densely interwoven lines and patches to describe the innermost feelings randomly hidden and shown on the faces that are combined together and bumped into each other like blurry movie tapes, reflecting the massy intrusiveness of people in the city, the ego of every person, the contradictions and opposites...The flow of life, the loneliness in the mind, the romance, the love of our own lives, places and habits. A slow pace of life makes the years feel longer...

I love the urban life as such with a wide range of emotions, colours, patches, upward and downward strokes, the spaces and the places where I am and where I used to live, finding peace in my soul through contemplation-distilling, condensing, forming, and letting go...

Watching the streets and the flow of people is to slowly enjoy the sound of life, while elegantly enjoy a cup of coffee.

Sitting still is not the same as being inactive. We are only inactive physically, but there are strong and powerful activities inside each person.

### **Purpose of Creation**

1. To study Studying the face shapes, the sitting postures and the inner mood of each person in general and myself in particular, the city space as well as urban light and sound and seasonal colors as parts of my compositions.

Through this process, I focus my research on the beauty of visual elements from different facial shapes, postures and figure shapes from different angles and in different lights. I also use several overlapping and multi-dimensional lines, introducing conflicting and contradictory elements as well as overlapping and glowing effects to create abstract and expressive art works in space. Through the study of the artistic creation process

2.To create the visual arts which was : I get the inspiration for creativity from my own thoughts and life experience, using my own talents, to create my own works. Through my paintings, I cover various aspects of the urban life where I live, with personal emotions expressed through colors and strokes. I want to evoke the most genuine emotions in viewers so that when looking at the paintings, people can sympathize and see themselves in it.

Preserving the typical culture of the alley...

### **Scope of Creation:**

#### 1. Content

Content Researching different characteristics, light colors, sounds, moods, relevant postures and body shapes, which affect everyone's state of mind, the silence or noise.

#### 2. Form

Form Based on the body forms and faces I have encountered somewhere both unconsciously and in reality, the faces and body shapes convey the plot and emotions.

#### 3. Techniques

Employing impasto technique with palette knives, I express the thoughts that have in mind, with my personal inner feelings at the time.

Suitable for the characteristics of acrylic paint and the sudden rushes of emotion at the thoughts to elaborate and let loose, making the paintings overwhelming and gentle to the viewers like the character's personality...

The color gamut is freely chosen to express the lines of thoughts in harmony with the theme that I am exploring, with my personal feelings.

The clarity of vivid and bright colors in parallel with the dark and soft ones, expressing the tangled inner emotions.... the shapes and lines create a feeling of movement ...

The shapes, colors and lines trigger free associations for viewers.

### **Conceptual of Frame Work**

With the inspiration and life experience, the typical regional cultural features, the comparison and interaction between the space and environment where I were born and the urban space where I live, with intuition and perception expressed through visual elements and aesthetic thinking.

With the life input and pictures of daily activities as well as observation, sketches and photographs of walking, standing and sitting postures. Other activities in alleys, in the separate and distinct space of cafes, and image resources from the internet..

Researches and books on the states of mind and moods of human beings, studying materials on body language...

Referring to the relevant works such as paintings by Picasso, Vincent van Gogh and some other authors.

Quotes and theories of beauty in reality as well as in abstract thinking from philosophers and world famous painters.

Books about stillness and the art of stillness... Dialogues with language and silence.

Pantomimes and symphonies through which we can access high vibrational feelings and share the subjective impressions about the content

Exploring and studying expressionism and abstract styles in art in general and fine art in particular.

The language of lines and different types of them

Studying the palette knife painting techniques, how to prime canvas for acrylics and oils, a few techniques of applying thick layers of pigment and creating

new styles... thereby arranging the structures, lines and colors and highlighting the content of the work.

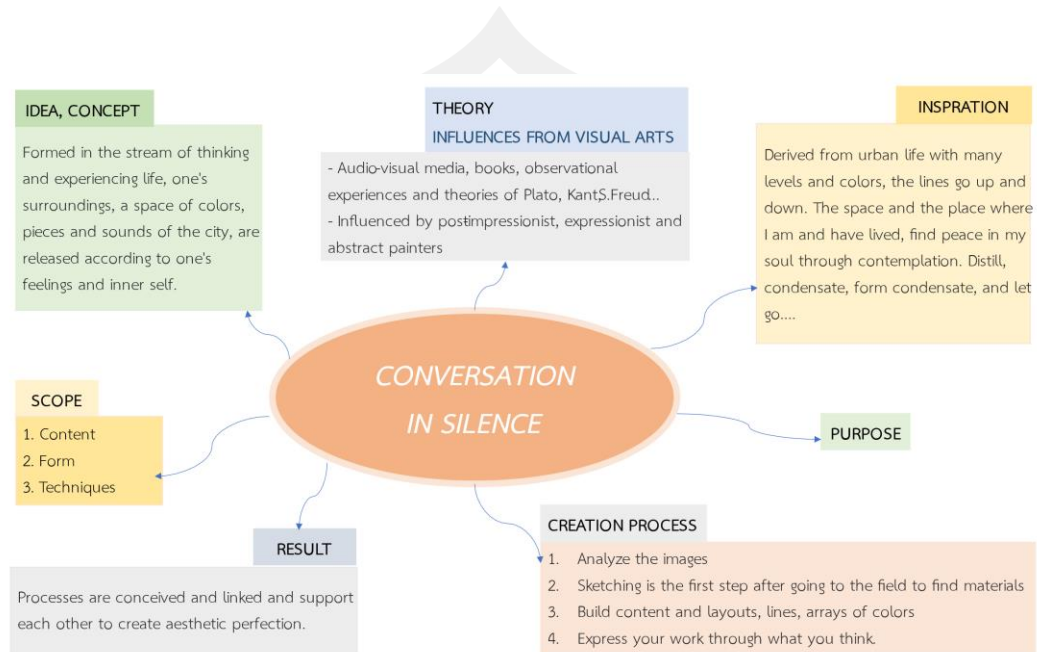


Figure 1 Conceptual of Frame Work

### Definition of Terms

**Facial expressions:** One or more motions or positions of the muscles beneath the skin of the face. These movements convey the emotional state of an individual. Facial expressions are a form of nonverbal communication. They are a primary means of conveying social information between humans.

1. **Expression:** The action of expressing feelings such as joy, sadness, and conflict in many forms.

2. **Body language:** represents a type of nonverbal communication which exists in parallel with verbal speech, but it includes emotions and most of it happens at the subconscious level.

3. **Abstraction:** is a generalization in thinking, based on the properties and relation between more or less different, conflicting and contradictory things.

4. **Conversation:** It is a conversation with myself, the surrounding space, listening to the sounds of life

5. **Silence:** Inside, the tranquility and stillness of the soul



## **CHAPTER II**

### **LITERATURE REVIEW**

For creative purposes, this thesis focuses on contemplative dialogues and monologues. Conversation in Silence. To serve research purposes, a procedural framework was selected appropriately. This chapter reviews relevant materials, including the following:

Topics :

1. Field Data
2. Documentary
3. Theory
4. Influences from Visual Arts

#### **Field Data**

The alleys in the urban area are a distinct feature, a miniature society with all aspects of everyday life, with a variety of emotions, colors and rhythms which I myself have experienced, seen, touched, acquired and have lived in. Moving from one alley to another when I was a student and when I went to work in another city, those happy and sad memories always remain in my thoughts whenever I recall. It provides me the inspiration to explore, through my ability and imagination to create my own paintings. In this multicultural society, I am particularly interested in the slow-paced and leisure lifestyle of laidback people who are relaxing and enjoying a cup of coffee...

With those feelings and experiences, I gather more information and data for myself through books, media, artists' paintings and do the field trips to talk, observe and explore my feelings. By taking pictures from different angles, I can see more clearly, feel, study all aspects and analyze the more realistic outward expression of shapes, faces, spaces and colors in the form of visual art through my lens. To some extent, it evokes my sympathy and highlight the characteristics of the topic that I am dealing with.





Figure 2 Chess

Photo by Nguyen Thanh Phuong, Date January 11, 2021



Figure 3 Quietly With the wind and sun

Photo by @miec.199, Date September 23, 2018



Figure 4 Selfie man

Photo by Nguyen Thanh Phuong, Date June 5, 2021

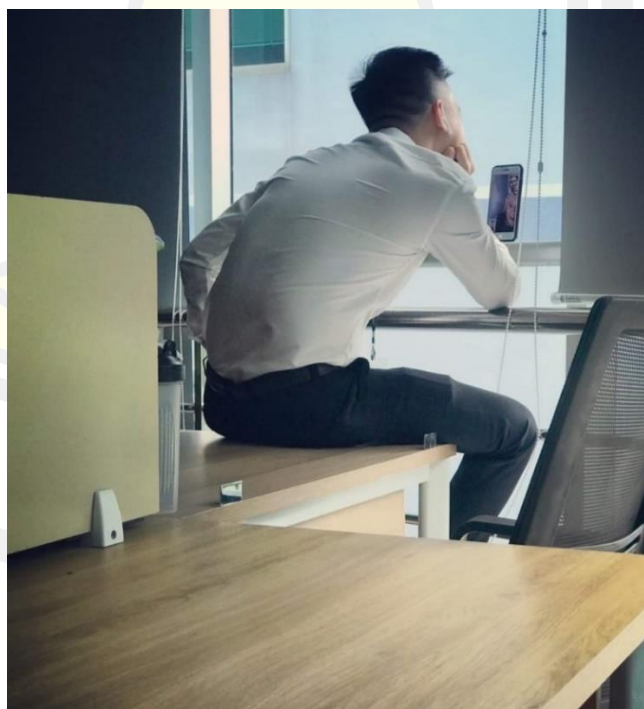


Figure 5 facetime

Photo by Nguyen Thanh Phuong, Date February 11, 2020





Figure 6 Distance 1

Photo by Nguyen Thanh Phuong, Date January 12, 2020



Figure 7 Man smoking

Photo by Nguyen Thanh Phuong, Date January 9, 2020



Figure 8 Rain

Photo by Nguyen Thanh Phuong, Date January 20, 2020



Figure 9 Family

Photo by Nguyen Thanh Phuong, Date January 01, 2021





Figure 10 Distance 2

Photo by Nguyen Thanh Phuong, Date June 12, 2020



Figure 11 Bar

Photo by Nguyen Thanh Phuong, Date June 12, 2021

### **Documentary Data**

The cultural characteristic of the alleys in which people sit down and drink coffee is the most unusual experience to me, where you can be quiet to think about your family, the society, your own work, all the sounds of life, relax, have a sip of coffee and enjoy its flavor as well as the extra flavor of the city streets. In our market economy, the cultural identity is becoming less dominant and gradually replaced by a global culture with other coffee flavors such as Starbucks, Highlands etc. This is the general trend of urban development. But cafes on the sidewalk and in alleyways have not lost their uniqueness, as tourism brings people from everywhere to come and go, and urban restructuring changes the face of the city.

Streets and alleys have been mentioned in Phu Quang's songs such as "my dear Hanoi city" as a way to remind people of the tree-lined streets, the mossy old town and slanted tiled roofs. Emotionally, the artist wanders the streets with so many affectionate memories. Or as it goes: In the small alley, in the small street where my house is, at night, I can hear the sound of the Red river sighing in the wind (Phu Quang, 2020: Online).

When listening to those songs, people feel deep intense emotions from the bottom of their hearts such as loneliness, wistfulness and nostalgic memories. As in the case of *The house in the alley* of author Ma Van Khang. The story space is an alley, a street corner and contains fragile, bitter and bitter human fates. Writer Ma Van Khang's perspective on human beings is very human. These are profound revelations about the mood and change behind the dusty and bitter corners, or *The suburbs, laneways and alleys* by writer Nguyen Dinh Lap (Ma Van Khang, 2018: Online)

The streets and alleys act as a catalyst, providing creative inspiration for artists to explore ideas and emotions through poetry, music and painting, such as the artwork titled "Hanoi street" by painter Bui Xuan Phai. (Ngoc Anh, 2021: Online)

Cafes are the embodiment of the times. They reflect the outlook on life and the worldview of the era they originated, existed and developed. Café has gone through a long time in history. Coffee and coffee shops have a surprisingly close relation to it. A cafe is a place to socialize and exchange information by holding a

two-way conversation, or overhearing one. Café Givarral in Saigon is a highlight in that course. It is no longer just a coffee shop, but it is a part of the Vietnam War history. It has a cultural value in it. Before 1975 (when Vietnam was still at war), Givarral cafe was a popular meeting spot for congressmen, intellectuals, and artists. Vietnamese and international journalists consider this as an informal cultural and information center.

Givarral is also the gathering place of famous people in the media such as Tim Page (a British photographer who made a name for himself during the Vietnam War). He worked for UPI, AP, Paris Match etc. and has received two Pulitzer Prizes . British novelist Graham Green mentioned this cafe in his famous novel "The Quiet American" and this novel was adapted into the 2002 film "The Quiet American" by director Phillippe Noyce. Since 1975, lots of tourists have visited this place after reading the book "Perfect Spy" by Larry Berman which is about the brilliant strategic intelligence officer, People's Armed Force Hero, Brigadier General Pham Xuan An. He used to sit quietly for hours in a corner of the cafe looking out the window and reminiscing. Musician Trinh Cong Son has also sat down many times at this cafe. ( VTV,2019: Online)

Café Lam (1950) in Hanoi has a different culture compared to the elegance of Givarral cafe in Ho Chi Minh City. It is an old cafe in Hanoi. During the war, the owner Nguyen Lam was the person who often provided coffee for the artist community, including the famous Vietnamese painters of the early period such as : Bui Xuan Phai, Nguyen Tu Nghiem, Nguyen Sang, Van Cao etc. One of the regular guests who was an artist could not pay and they gave him paintings in return for a long time. They came here to enjoy the coffee, experience life and engage in conversations. Nowadays, café Lam is still a favorite destination for art students and tourists. (Cafe Lam, 2020: Online)

In human life, there are two great concerns: the natural concern and the social concern. In other words, these two concerns are vital to human existence and development: the natural relation and the social relation. These two relations centers on humanity's life. It is these human-centered relations that draw the artist's attention. If the object of science is a thing or a phenomenon that exists independently of human

consciousness, then the object of art is everything related to people. Or to be more precise, the object of art is the relation between human and the world.

### **Theory**

According to the book *Silence: The Power of Quiet in a World Full of Noise* by Buddhist monk Thich Nhat Hanh, it is a miracle to live, to walk on earth and to exist, but we run off to find happiness in a faraway place like there is somewhere better to live. Thus, we spend a lot of time looking for happiness while the world around us is full of wonder, the beauty of heaven and earth are calling for our attention every hour and every day, but we rarely notice. In order to feel and notice it we need silence. If we don't have the silence inside, our bodies and minds are full of noise and chaos, we can't hear the call of that beauty. We are seriously concerned about physical interests but we forget about our own existence and lose our personal freedom. Just be awake for a few seconds to look at the beauty around us, have a little freedom to be aware of our existence. We are alive. We are present. We do not lose ourselves in the past, present, future, in thoughts, in the noises inside as well as in the noises outside. To be truly present, one must have freedom, free from pursuits, thoughts and worries. I can relate to these thoughts as I draw my inspiration for new ideas from them. We should have time to listen to see and to contemplate life around us. (Thich Nhat Hanh 2020: Online)

Plato (428 - 347 BC) - the ancient Greek philosopher wrote in book 10 of his famous work, *Republic*, that art is "mimesis" (imitation) because he thinks it is an imitation of life, as Pablo Picasso (1881 - 1973) put it: "The task of art is to represent, not to imitate, nature." It is an experience and feelings about things expressed in each person's own style. Beauty is always present in our lives. We feel and listen to it. (Le, C 2020: Online)

In literature, there are two concepts: Tragedy and Comedy. Israeli writer Amos Oz once said: "Tragedy and Comedy are two doors to life" there is no more perfect view than seeing life from these two angles. They lead the viewer to the stories which seems to be only on the stage but is happening in reality from the playwright's point of view which generalizing and analyzing it.



If I paint a wild horse, you might not see the horse... but surely you will see the wildness! Pablo Picasso. "Beauty is the harmony between the natural world and the spiritual world, between imagination and reason" Kant.( Van Thuyet, 2021: Online)

### **Influences from Visual Arts**

Influenced by theories such as psychoanalysis of Sigmund Freud, some Vietnamese painters such as Tran Luu Hau ( Oil color)...with Impressionism style , Semi- Abstract. Showing the influence of foreign artists such as Paul Cezanne (France), Vincent van Gogh (Netherlands), Edgar Degas (France). Pablo Picasso.

#### **1. Visual Arts from Other Artists**

##### **1.1 A series of creative works of visual art by artists:**

Describe a scene where two farmers of Provence are immersed in a relaxing game of cards. The Card Players is said to be a turning point marking a transformation in how reality is depicted. Peace without deception and scenes of contention or violence, it emphasizes the silence of space, the disturbance here is between the cards and is the only means of communication between the two. people, this can be considered as a kind of "human still life" painting. The Card Players is one of five masterpieces of oil painting that is considered a prelude to a major influence on 20th century painting.

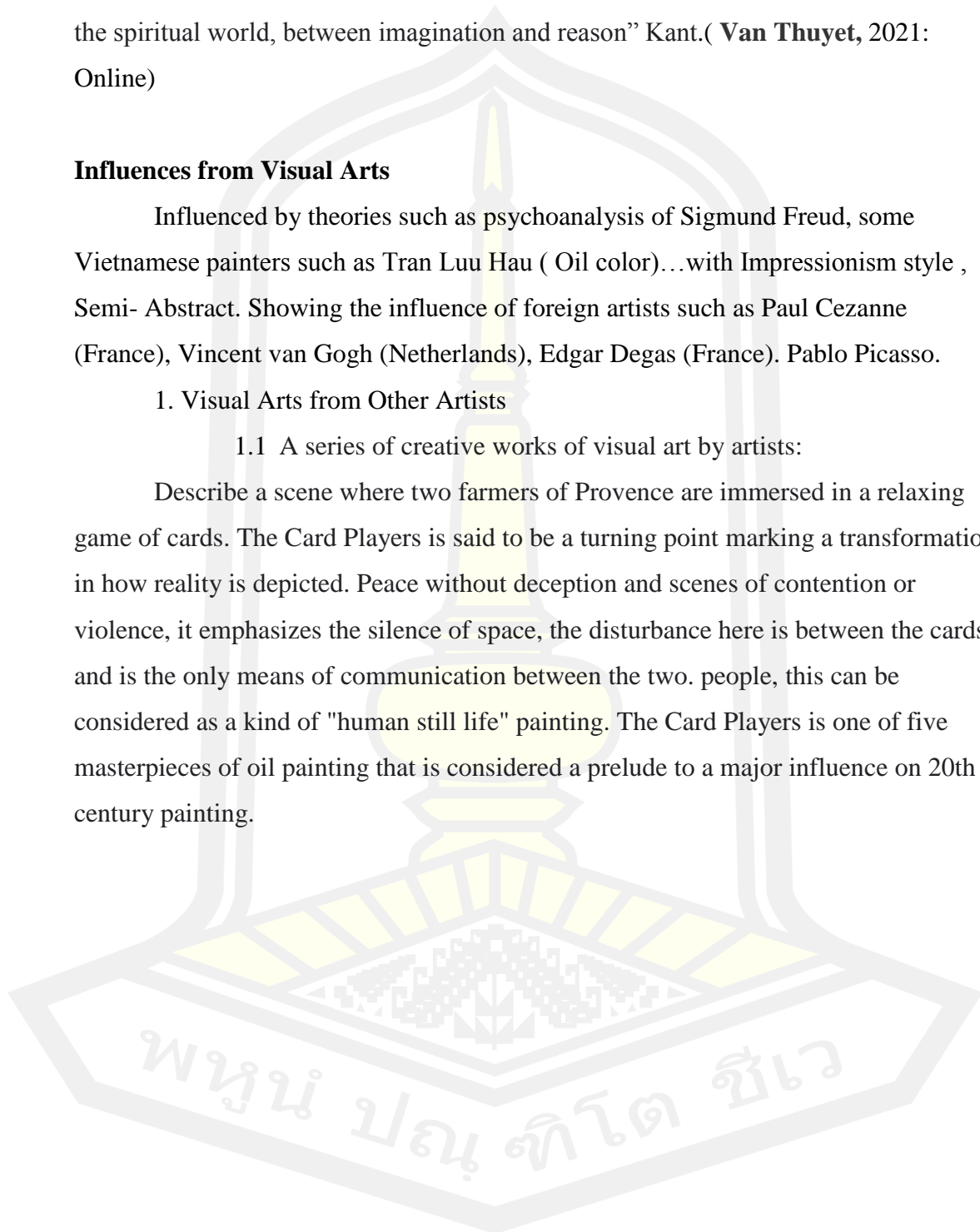




Figure 12 Artist : Paul Cezanne

Title: The Card Players (1892)

Size :97cm × 130 cm

Technique : Oil color

From : The metmuseum. Art Collection (2019: Online)

Paul Cezanne painted four oil-painted portraits of this Italian boy in a red vest, the paintings depicting the boy's postures and facial expressions according to different moods, which allowed him study the relationship between the figure, the colors, the pieces, and the space around them. Post-impressionist style

The most famous of the four works is a depiction of a boy in a melancholy sitting position, with his elbows on the table and his head in his hands. It is currently kept in Zürich, Switzerland. The remaining three portraits are in museums in the US.

These are also paintings that bring me a lot of emotions and are close to the topic I am researching.

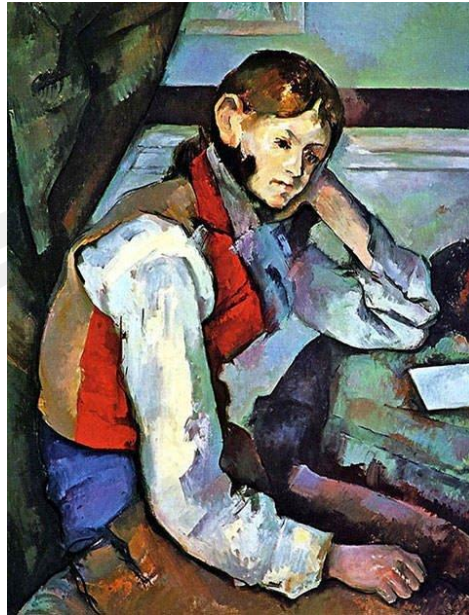


Figure 13 Artist : Paul Cezanne

Title : Boy in red vest

Size : 81 cm x 64 cm

Technique : Oil color

From : Collection Foundation E.G. Bührle, Zürich, Switzerland. (2019: Online)

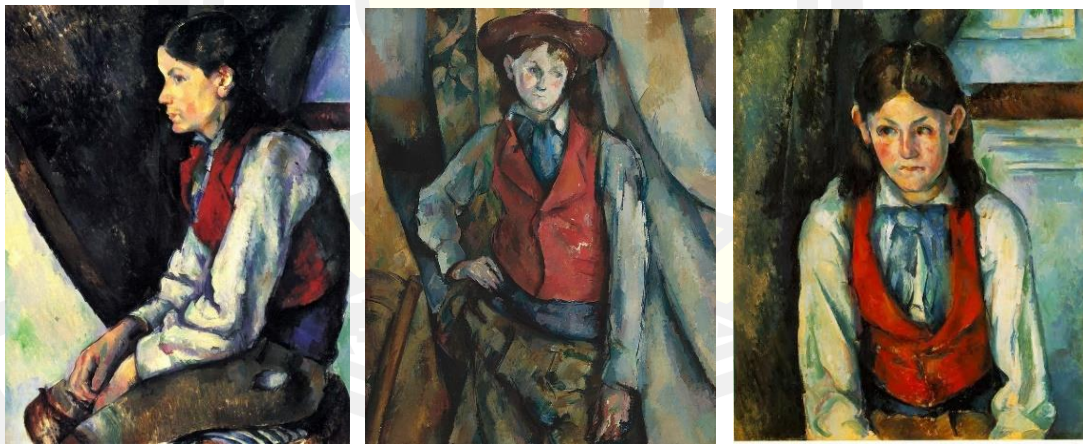


Figure 14 Museum of Modern Art, New York - National Gallery of Art,  
Washington - Barnes Foundation, Philadelphia DC. (2019: Online)

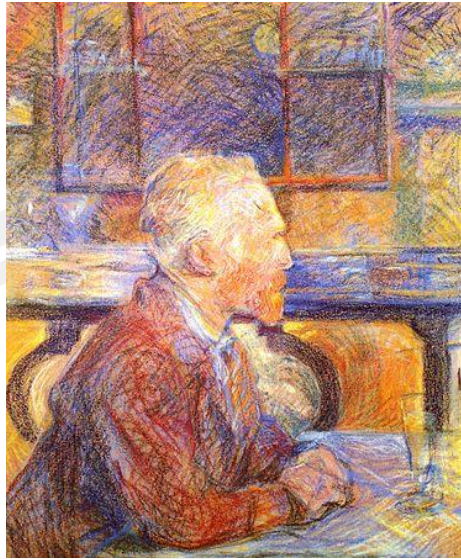


Figure 15 Artist :Henri de Toulouse – Lautrec ( 1864 – 1901)

Title : Portrait Vincent Van Gogh

Size : 57 cm × 46 cm (22 in × 18 in).

Technique : Chalk on cardboard

From : Van Gogh Museum, Amsterdam, Netherlands. (2019: Online)



Figure 16 Artist : Vincent van Gogh

Title : Cafe terrace at night 1888

Size: 81 cm x 65 cm

Technique : Oil on canvas.

From : Kröller-Müller Museum, Otterlo. (2020: Online)



Van Gogh painted a lighted shop, the café Terrace at Night, arranged in a tight array of light and dark pieces, with large and smaller white tables creating depth of space, the waiter and a few people. people sitting under the eaves, in the street are some people walking, the green branches, the black strokes of the pavement, the dots and streaks of light in the sky and the walls create vibrancy. The focus is highlighted by the gold plaque of the cafe, post-impressionist style, the painting is currently on display at the Kröller-Müller Museum, Otterlo, the Netherlands.

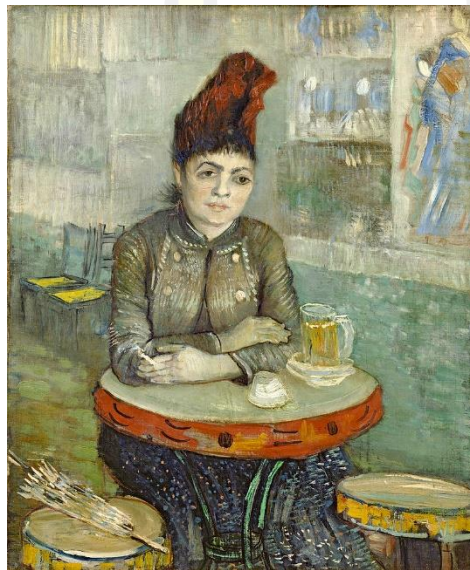


Figure 17 Artist: Vincent van Gogh

Title : Agostina Segatori Sitting in Café du Tambourin (1887–88)

Size : 55,5 cm × 46,5 cm (21,9 inch × 18,3 inch)

Technique: Oil on canvas.

From : Museum Van Gogh, Amsterdam, Hà Lan. (2019: Online)

Agostina Segatori Sitting in Café du Tambourin was painted by Vincent van Gogh in 1887. Agostina Segatori was the owner of Café du Tambourin whom Van Gogh knew. he describes a woman sitting with her arms crossed with distant gaze as if thinking about her upcoming work. His relationship with Agostina came to a sad end when she went bankrupt. This painting, represents an artistic discovery and is his unique creative style.



Figure 18 Artist : Edgar Degas

Title : L'Absinthe

Size : 92 cm X 68 cm

Technique: Oil on canvas.

From : Orsay Museum, Paris. (2020: Online)

Depicts two figures, a woman and a man, sitting in the center and right of the picture. The man in the hat, looking to the right, is lying off the side of the picture, his face is haggard and not very well-dressed, while in contrast the woman is well dressed and wearing a hat, sad face staring down. A glass filled with green liquid was placed in front of her. The picture shows the increasing social isolation in Paris during its period of rapid development at the time. The arrangement of opposite colors in the costumes of the two characters and the bold array of the man is close to the edge of the picture, breaking all principles of composition, creating disparity and contrast. The models used in the painting are actresses Ellen Andrée and Marcellin Desboutin is a painter and sculptor.

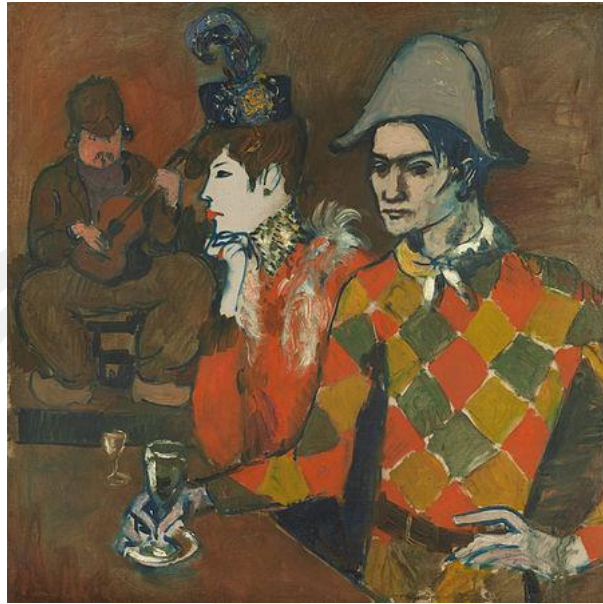


Figure 19 Artist : Pablo Picasso

Title : At the Lapin Agile

Size : 99,1 cm x 100,3 cm

Technique.: Oil on canvas.

From : The metmuseum. Art Collection (2019: Online)

It is depicted inside Lapin Agile, a popular variety club in the Montmartre area of Paris. Describe the mood of the artist, where he frequented the club in his youth. The painting is in the collection of the Metropolitan Museum of Art in New York City.

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Figure 20 Artist : Pablo Picasso

Title : Two women sitting in a bar (1902)

Size : 80cm x 91 cm

Technique : Oil on canvas.

From : Royal Academy of Arts, London. (2020: Online)

Describes two girls from the back sitting in the bar, one seems to be drunk, has a feeling of being lonely, lost, causing curiosity and wonder, the girl sitting with her legs bowed I feel like I'm waiting for something that won't come tonight. The artist Picasso conveyed, what he could see was not only two withered backs but also sadness in his heart. Under the light and the cold and lonely blue color, the color streaks on the two girls' backs seemed to move slowly.

## 2. Visual Arts from Pre – Thesis

Concept: Formed in the stream of thinking and experiencing life, one's surroundings, a space of colors, pieces and sounds of the city, are released according to one's feelings and inner self.

Form: Based on the shapes and faces I have met somewhere both unconsciously and in reality. The body shapes and faces convey the plot and emotions.

Art Style : Post-Impressionism and Abstract Expressionism



Technique and the Result: Using the impasto technique of applying paint to canvas with a painting knife, expressing the line of thinking that has formed in mind, with inner emotions at the time.

Suitable for the characteristics of acrylic paint and the sudden rushes of emotion at the thoughts to elaborate and let loose, making the paintings overwhelming and gentle to the viewers like the character's personality.....

The color gamut is freely chosen to express the lines of thoughts and work in harmony with the theme that I am exploring, expressing my personal feelings.

The clarity of vivid and bright colors in parallel with the dark and soft ones, expressing the tangled inner emotions...The shapes and lines create a feeling of movement ...

The content of the work is built based on the stories in the life around me, observing the faces and shapes of people, the space where I have lived... Overview and describe it with my own experience. body, through elements of the visual arts, with true feelings, based on research, exploring methods of expression through color and lines on the basis of post-impressionist art styles icon, expression, abstraction.

By research forms and through his works, he creates a continuity and forms contemplative dialogue themes, consistent with the title of the thesis.

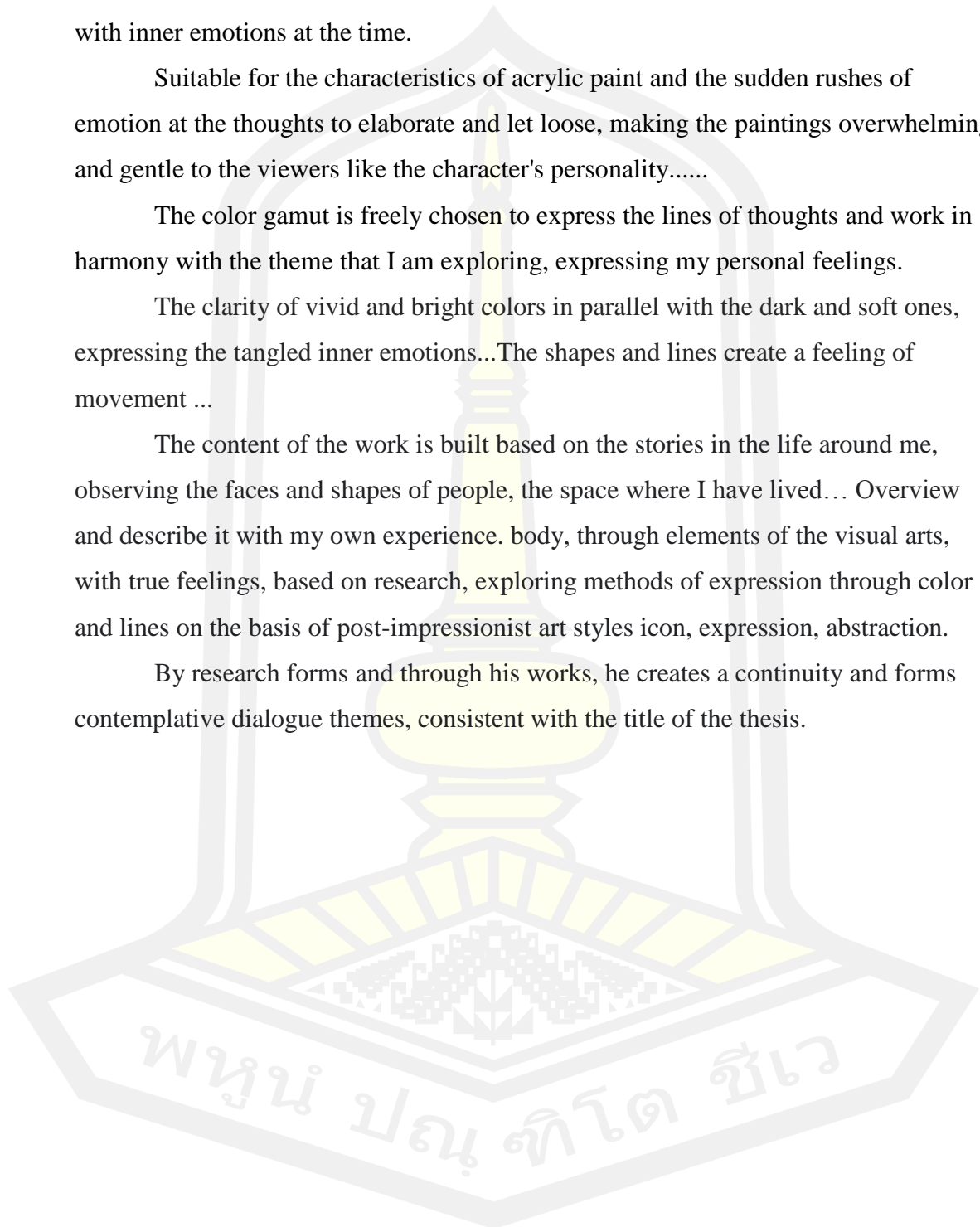




Figure 21 Title : Doorways in the city  
Size : 130cm X 145cm  
Technique : Acrylic on Canvas



Figure 22 Title : Color of autumn night  
Size : 135cm X 145cm  
Technique : Oil on canvas.

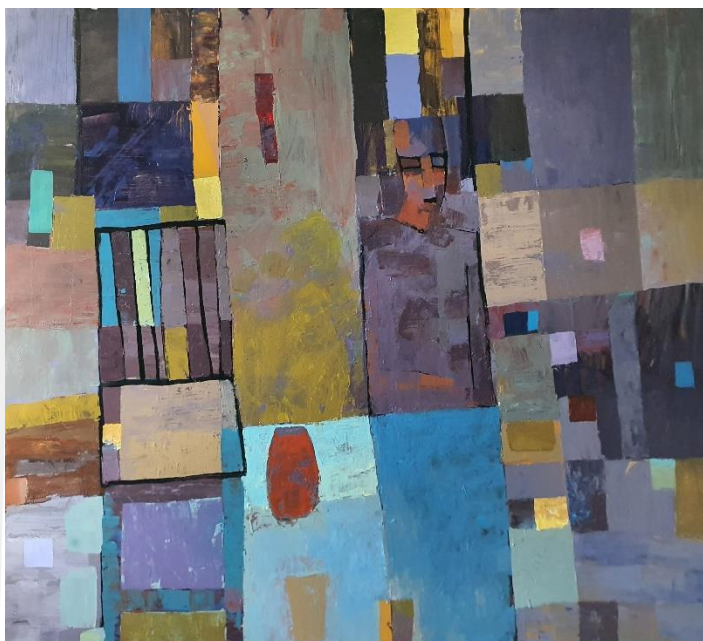


Figure 23 Title : Spots of light  
Size : 135cm X 145cm  
Technique : Oil, Acrylic on canvas.



Figure 24 Title : Afternoon sunlight 2  
Size : 130cm X 145cm  
Technique : Oil, Acrylic on canvas.



Figure 25 Title : The birds did not return  
Size : 130cm X 145cm  
Technique : Acrylic on canvas.



Figure 26 Title : The sound of leaves rustling outside the door  
Size : 130cm X 145cm  
Technique : Oil, Acrylic on canvas.





Figure 27 Title : Wait

Size : 130cm X 145cm

Technique : Acrylic on canvas.

### 3. Visual Arts of Thesis Proposal

Idea /Concept: With an idea and theme of dialogue, the content of these works is still basically based on inner monologue and close distance but far, through the arrangement of composition.

Form and Art style: Shapes are condensed and refined, in a semi-abstract and expressive style. Impressive

Technique: Technique and the Result: using the impasto technique of applying paint to canvas with a painting knife, expressing the line of thinking that has formed in mind, with inner emotions at the time.

The Results: Creating a connection between shape and surrounding space in a tight, evocative composition, friendly cohesion, pure and simple purity, through which conveys the content that is slow life. scattered and peaceful, peaceful.



Figure 28 Title : Distance 1  
Size: 135cm X 145cm  
Technique : Oil on canvas.



Figure 29 Title : Afternoon sunlight  
Size : 130cm X 145cm  
Technique : Acrylic on canvas





Figure 30 Title : Quietly

Size :130cm X 145cm

Technique : Acrylic on canvas

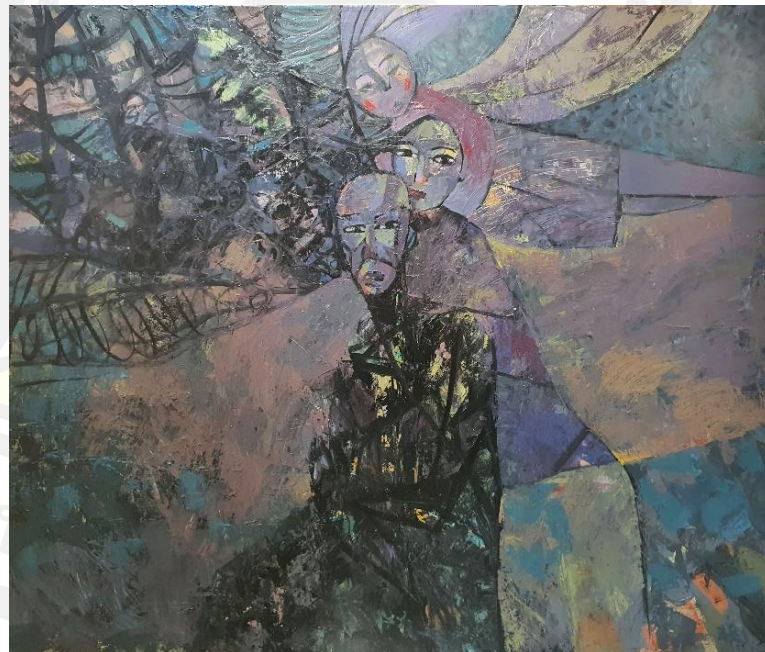


Figure 31 Title : Family

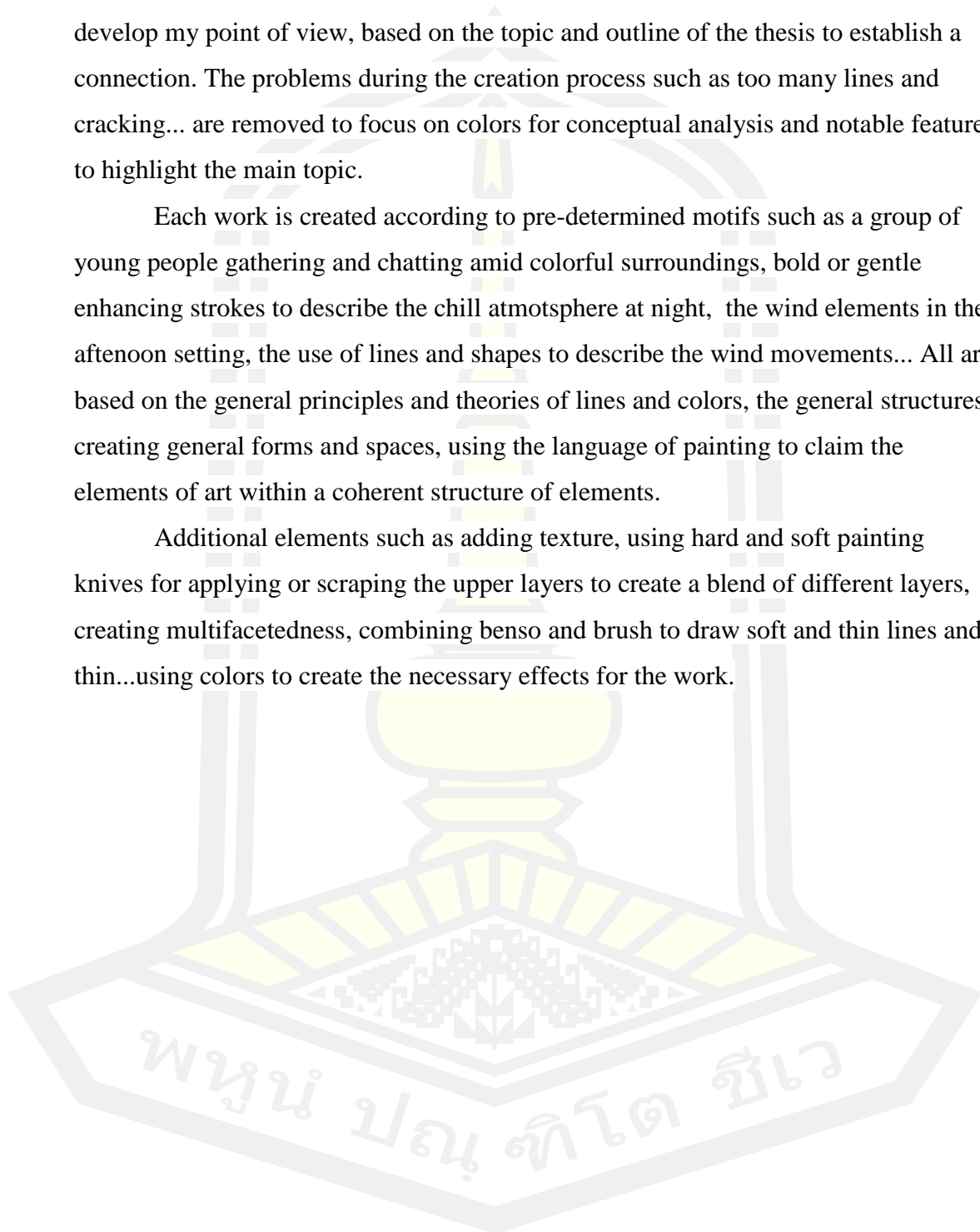
Size : 130cm X 145cm

Technique : Oil, Acrylic on canvas

During the research process, under the influence of post-impressionism and semi-abstract as well as taking inspiration from the paintings of famous artists, I develop my point of view, based on the topic and outline of the thesis to establish a connection. The problems during the creation process such as too many lines and cracking... are removed to focus on colors for conceptual analysis and notable features to highlight the main topic.

Each work is created according to pre-determined motifs such as a group of young people gathering and chatting amid colorful surroundings, bold or gentle enhancing strokes to describe the chill atmosphere at night, the wind elements in the afternoon setting, the use of lines and shapes to describe the wind movements... All are based on the general principles and theories of lines and colors, the general structures, creating general forms and spaces, using the language of painting to claim the elements of art within a coherent structure of elements.

Additional elements such as adding texture, using hard and soft painting knives for applying or scraping the upper layers to create a blend of different layers, creating multifacetedness, combining benso and brush to draw soft and thin lines and thin...using colors to create the necessary effects for the work.





## **CHAPTER III**

### **CREATIVITY METHODS**

This chapter illustrates the outline of the research design and procedure. The Process of the research is concluded from chapter two and other frameworks related to [Conversation in Silence]. This creation will be presented under the following topics:

1. Collection and Analysis Data
2. Visual Arts Experimentation
3. Creation Process
4. Dissemination Process

#### **Collection and Analysis Data**

##### **1. Data Collection**

The data is collected from documents from different sources, paintings by world famous artists, based on the themes and consistence with the original inspiration with the emotions that have been formed in the formats that I have chosen

The material was actually collected and studied the issues that interest me, such as the faces, the moods, the sitting postures of the characters observed at the scene, recorded by taking photos, the sketches in different angles that interest me or let my emotions follow them to feel and somewhat analyze and understand better what those poses convey. Study through the works of domestic and international artists, sources from the internet, the Wikipedia (in Vietnamese)

Mime plays, by observing their gestures and language expressions refer to body language literature, commentary articles and mood analysis of famous body linguists through gait and standing....

Magazines specialized in fine arts, fashion and urbanism.

##### **2. Data Analysis**

Analysis of theme

Images and data sources are filtered and analyzed to highlight the story content that needs to be described and aligned with the topics and concepts that interest them, such as group conversations such as family, young couples, or people sitting individually, the space and the surrounding landscape affect the stories and moods of the characters that I observe.

Based on that data to develop arrangement of images into a layout based on built-in concepts

The colors are analyzed in terms of cold, hot, low and low, light and dark according to the theme and content of the story, etc.

Select and experiment with materials, analyze and create expressions to harmonize in a painting composition that you need to develop.

## 2.2 Analysis of form symbols

By visual perception through observation, condensed by arrays and contours and patches of light on the face, through studying the proportions and shapes of male and female facial anatomical structures, lines sharpness and ambient light... To find and develop shapes from actual models through the process of creative experimentation with sketches to build character images that convey the meanings of certain themes and concept

Use deep colors, downright lines to express unhappy moods, and vice versa, use fresh colors, strong lines to create joy, or mix and match to express. about space and time, in order to convey the messages and contents that need to be reflected through visual language or visual arts.

## 2.3 Analysis of techniques

Using different layering techniques, combining oil colors and acrylics, experiment and analyze to achieve desired concepts, and requirements.

The characteristic of acrylic material is that it dries quickly and has elements such as thin and transparent, Soft and can be rough and convex to create effects of expressing emotions and introspection.

Fresh, bright colors, quiet, mellow tones, overlapping arrays and interlacing expressions of the inner, etc. the arrays and strokes create movement and displacement and the combination of lines creates an association that matches the theme that I chose.

## **Visual Arts Experimentation**

Through previous courses such as experimenting with visual art, advanced creative drawing, I have partly gained a new perspective on expression in lines and tones, combined with the practice of research and analyze, creative work on materials such as oil paint and acrylic through lessons, experiment with different techniques to find the effects of color, light, dark, mache, etc. Use tools to create tones, use hard trowel to scrape off color, use soft trowel to cover and glide colors to create a soft and colorful feel, combine brushes to mix colors directly on the fabric, and color to create blends and bonding. Use paint to emboss some textures that need to be raised, or create streaks.

Creative experimentation with materials to discover more expressive, emotive forms of expression that accentuates and resonates with content that needs to be described, evoked conflict, or deepened calm or intense, etc. Step by step from simple to complex, integrate connections, long and short, fair, etc. To create a visual effect that you want to achieve with aesthetically pleasure and most impression.

## **Creation Process**

### **1. Sketches/ Model 1.**

Sketching is the first step after field study to find the materials and topics of the body shapes as well as the face, the space, etc. that I want. then there are thoughts, different ideas, analysis of images on that topic to form content and build layouts, lines, arrays of colors, which are generalized and filtered to recreate realistic images, with imagination and aesthetic thinking, to create a picture with many visual elements that you desire and are appropriate. Thoughts and all that have been formed, are once again sketched on paper through pencils, watercolors, charcoal, etc. or projected onto canvas directly.



Figure 32 Sketch shape 1

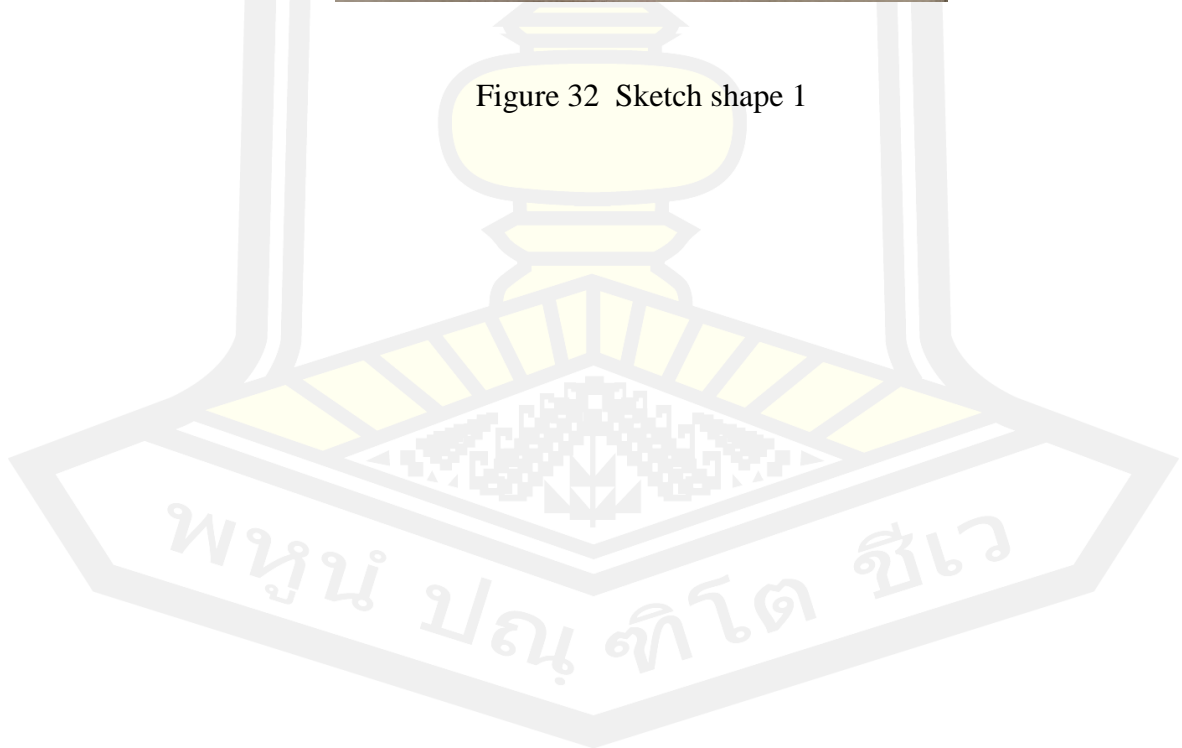




Figure 33 Sketch 2



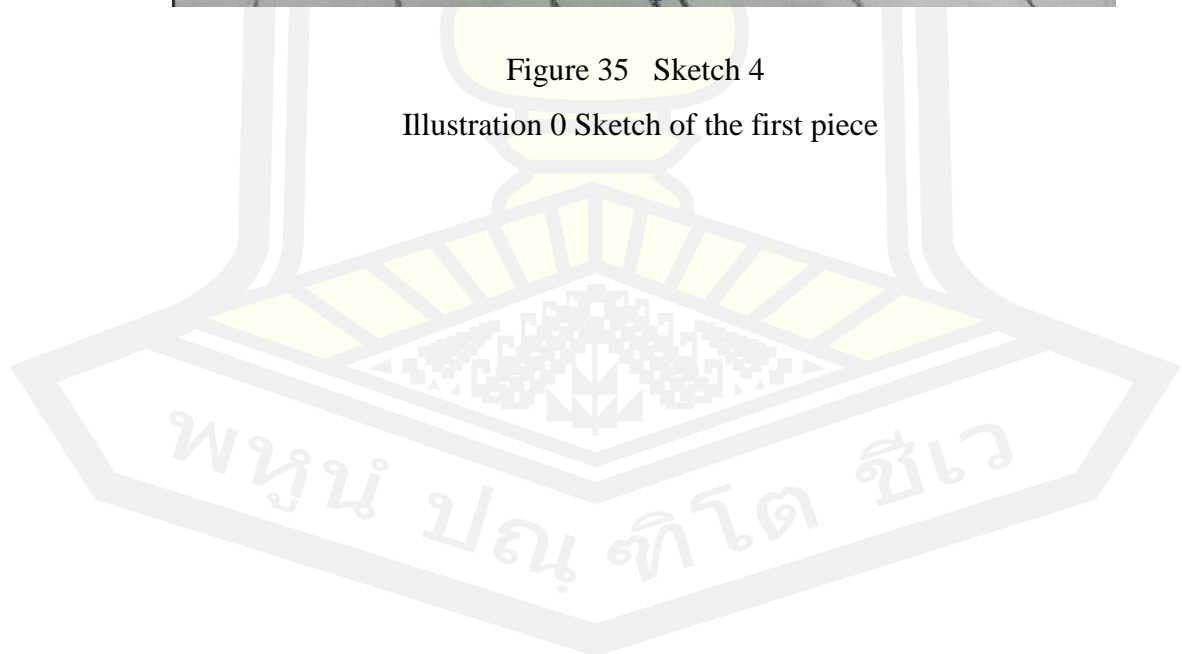
Figure 34 Sketch 3





Figure 35 Sketch 4

Illustration 0 Sketch of the first piece



## 2. Material and Equipment



Figure 36 Large and small paintbrushes and rollers of all kinds



Figure 37 Drawing knives of all kinds hard and soft



Figure 38 Marie's Acrylic Color - 500ml

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Figure 39 UK madein oil colors – Georgian Daler Rowney & France made oil colors Pebeo Huile Fine 250ml/ tube



Figure 40 China madein Maries Glue and topcoat - 1000 ml, Mont Marte Gesso 500ml/ a box

Starting with ready-made materials, pre-stretched frames and canvas, through technical tests such as applying, layering light colors first, overlaying dark colors on top, using a hard trowel to scrape to create a flushed effect. color, or apply color on

the paint layer that has not dried with a brush, etc. depending on the artwork content to use different techniques to create effects, combine dry, wet, solid or liquid drawing to find modules and textures, block lines to follow the direction of the array and that stroke creates a visual effect and the focus needs to be highlighted, expressive and impressive style

#### Step of Creation

##### 1. Step1



Figure 41 of Works in step 1

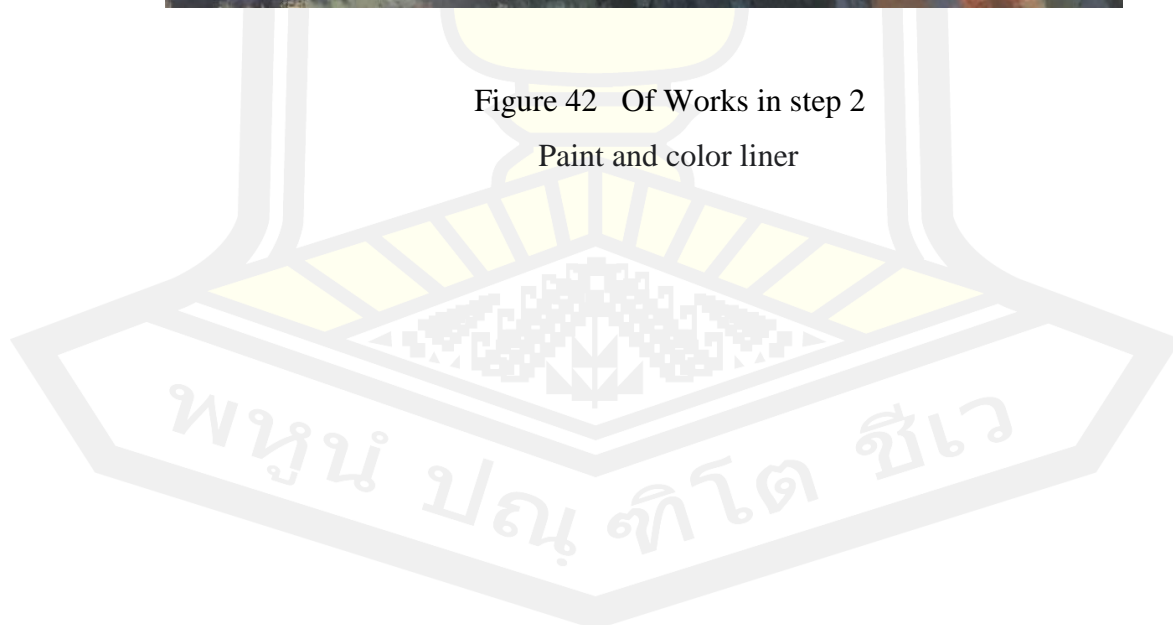
Cover the fabric with a layer of yellow and white



## 2. Step 2



Figure 42 Of Works in step 2  
Paint and color liner



## 3. Step 3

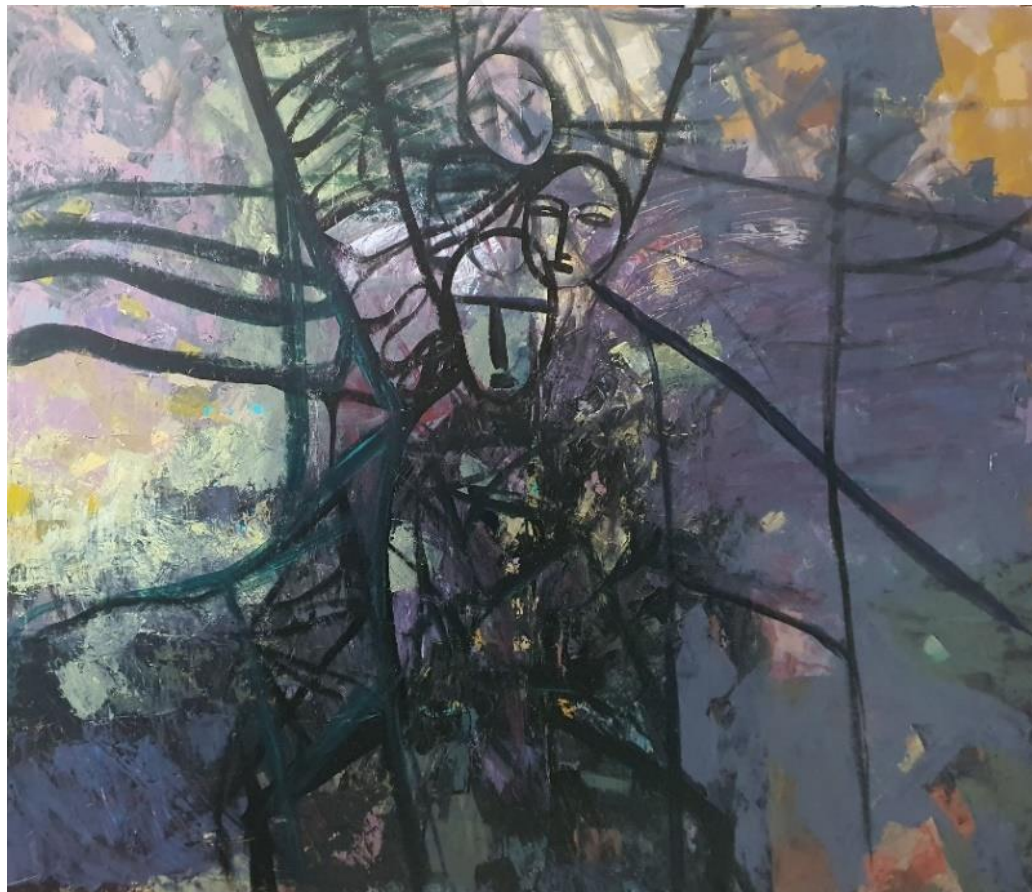
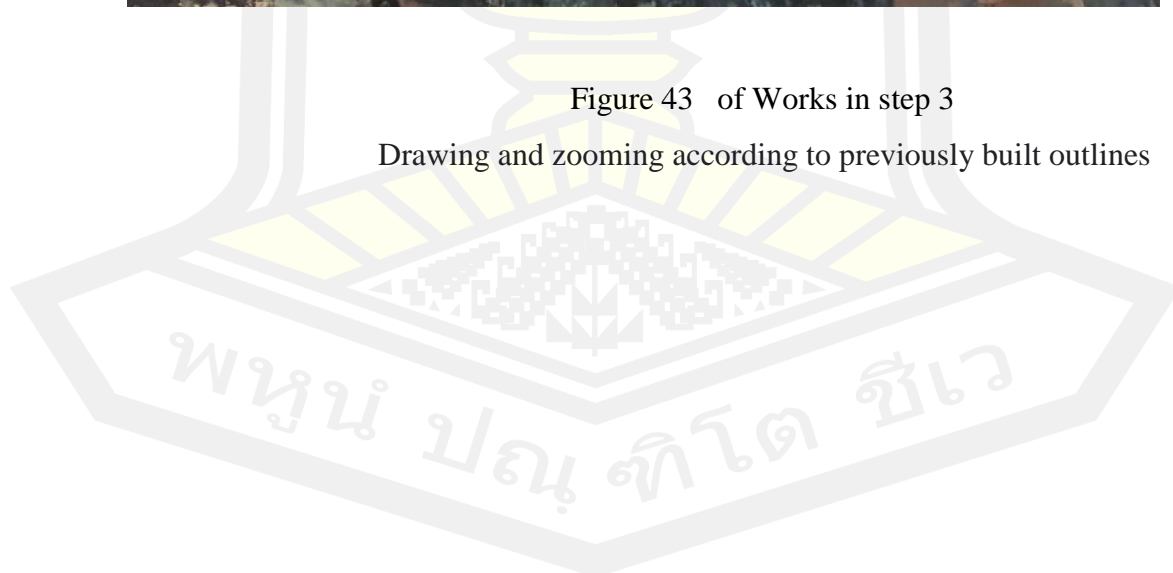


Figure 43 of Works in step 3

Drawing and zooming according to previously built outlines



## 4. Step 4

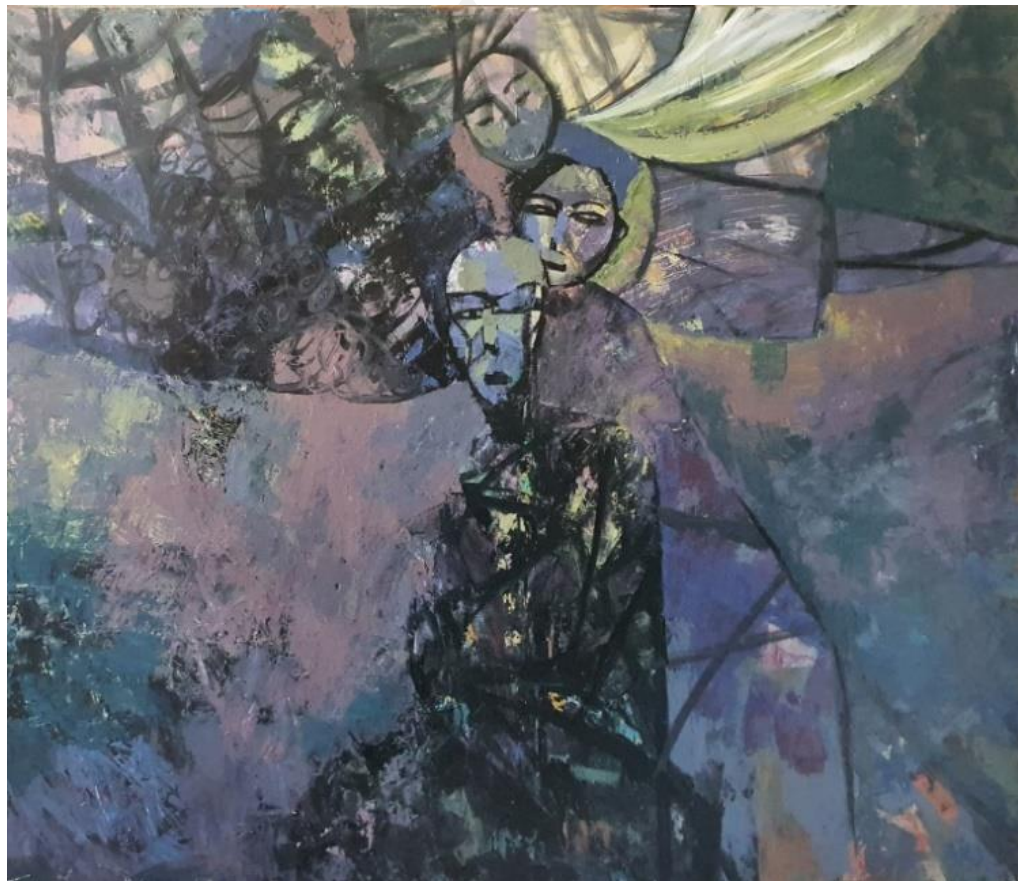
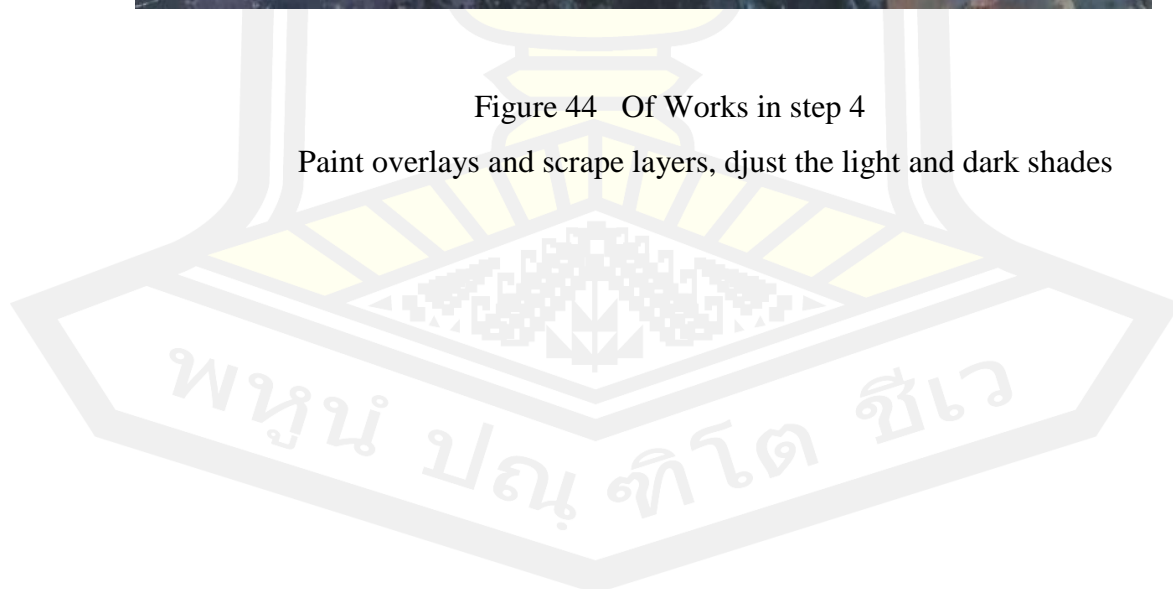


Figure 44 Of Works in step 4

Paint overlays and scrape layers, djust the light and dark shades





## 5. Step 5



Figure 45 of Works in step 5  
Editing and finishing works

### **Dissemination Process**

- .1 Writing documents in supplement to creation
- .2 Publication of Thesis articles in journals
3. Disseminating works in art exhibition

## CHAPTER IV

### RESULTS

This chapter intends to [Conversation in Silence]. The focus of this chapter is to illustrate to the results. Thus, the results are shown into the following topics:

1. Results of Data Analysis
2. Results of Creation

#### **Results of Data Analysis**

After collecting and researching data related to the topic that I am interested in pursuing, via field trips and information search through other reference documents, the one that particularly impressed me the most was the poses sitting, with the face shows the narration, the inner states and moods of each person it binds and forms its own character and language, plus the space as well as ambient sound and light. Highlight and exude many different stories from different poses,

The color and climate of the seasons of the year also influence and create the characteristics and moods, research knowledge is an important factor for bringing to me a lot of emotions personally, thereby seeing a part of my personality and inner self myself, feel and empathize. Tranquility in a crowded space but still empty, lonely. Close but feels strange, there are invisible silence, inner contradictions and conflicts... The beauty of the elements of the market. Perspective from the angular face shape, poses and poses at various angles, through the lights differences create many emotional dimensions,

By feeling get intuitive and observant, immerse yourself in the characters, I filtered and refined with lines, patches, light light, based on proportions and shapes facial anatomical structure as well as shape male female . To learn more and develop shapes from actual models through testing process and sketches to build the conveying character images get the meaning and content topics and concepts that you



want to achieve. Combination of colors bass, or bright colors, gentle lines, strong ends definitively to describe the sadness, joy, or a combination of describe space and time space, in impressionistic, expressive and semi-abstract forms to convey messages message and content to respond reflected in visual language and visual arts. Through the study of the artistic creation process I wish people slow down, think and enjoy life more.

### **Results of Creation**

During the research and creation process, I have gradually formed and basically shaped myself. Some paintings have conveyed the feelings and are close to the theme. Content and ideas are built on the basis of previous research materials. In a pretty long process of experience and practice, with the comments and suggestions of experts and advisors, the paintings have tended to develop well, closer to the research contents and topics. Work progress is shown as follows:



## 1. Thesis work 1

1.1 Idea/Concept: The content of the painting reflects serenity a little bit of anxiety, anticipation and hope.

1.2 Form and Art style: Expressed through a tight layout combined with blurred color spaces create a feeling of uncertainty, the colors blend together to create a vague association

1.3 The Results: Combining arrays and contours creates blur in a small space, generalization creates peace and quiet.



Figure 46 Thesis work 1

Title : Quietly with golden autumn

Size : 130 cm X 150 cm

Technique : Oilcolor on canvas

## 2. Thesis work 2

2.1 Idea/Concept: The story revolves around two sisters in a open night space, enjoying the fresh air of a peaceful and quiet countryside, evokes in me nostalgia about the childhood memories where I was born and raised, which are the ideas and feelings to I included this painting with an old silhouette.

2.2 Form and Art style: With the hair shape stylized by array contours of light and dark color, creating the buoyancy of the girl's hair, blending with the clouds and the sky and the trees through the expressive dimensions of different techniques, creating lightness and tranquility in a cool space. Expressed through an impressive art style

2.3 The Results: Create a connection between form and space together in a tight, evocative layout, with friendly cohesion between the pure, the simplicity and rustic. Thereby conveying the content that life is slow and peaceful.

2.4 Progress: Remaining issues to be resolved at this stage suggestions for corrections made by experts and advisors in order to get closer to the content and ideas and emotions expressed.

Asst.Prof. Satit Tesana : It is necessary to define more clearly the monologue (the personal inner self of a person) or dialogue (Communication between two people) to focus and better performance

Mr. Bunthan: Exploit the mirror image of yourself as well as your clients and their mood through the cafe's glass door, this perspective is more strange and unique and also shows more contemporary and Vietnamese, Avoiding the individuality like the current painting, should add a background outside the glass window such as rain, sunshine, wind, trees, etc. to contribute to the expression of emotions.

Asst. Prof. Dr.Adool Booncham : When performing a monologue, how many person can appear in the painting does not have much effect on the effect because it exploits the emotions and stillness in the inner monologue



Figure 47 Thesis work 2

Title : In the wind

Size : 140cm X 140cm

Technique : Oilcolor on canvas

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### 3. Thesis work 3

3.1 Idea/Concept: With an idea and theme throughout, the content of this painting is still basically based on an inner monologue with oneself, through a certain imagination, shape and space that has been seen and met somewhere. That space and context is formed and created through emotions at the time of composing.

3.2 Form and Art style: Expressions are still based on shape and body language and expressive states, combined with randomly generated colors and lines make an impression on the painting.

3.3 The Results : Synthesize in an empty and monotonous visual composition consist of cold colors with lines and colors overlapping each other, with scattered accent lighting bring lightness, slowness and minimalism.

3.4 Progress: In this painting, the monologue is clearer than the open and wide space, the background panels are used for create a sense of distance and depth. Night is also the time when the soul is relaxed and the mood is more expressed.



Figure 48 Thesis work 3

Title : Light of the Night

Size : 140cm X 160cm

Technique : Acrylic on canva

#### 4. Thesis work 4

4.1 Idea/Concept: The space and silence of the night is when people returns to their own egos, no longer hustle and bustle and whirl around in the rhythms of life, the hustle and bustle gives way to peace, sometimes alone, those thoughts stir up many of my emotions, borrowing images and colors to express my mood

4.2 Form and Art style: Human images are reduced to shapes square block, motionless in an array of bold and dark colors, Continuing to develop techniques for expressing previous painting. The surface of the painting is carefully treated with soft techniques to create tranquility. Some places are combined with color processing techniques that blend together to exude peace, but there are strong strokes with multi-dimensional lines showing the inner conflict of people, association to a monologue with himself or someone else.

4.3 The Results : Relationships between shape, space and time combined and expressed through the illusion of opposites in a composition that gives greater effect and emotion than the problems that have been solved gradually in this painting. Semi-abstract style.

4.4 Progress: At this stage the paintings have been resolved and developed more developed to reveal the feelings and content of the painting, through the comments and judgments of art experts and advisors.

Asst.Prof. Satit Tesana: Good expression of inner feelings and immanent better, but still need to check the proportions of some places like shadows and reflections whether they are too big?

Mr. Sakchai Uttitho: Agree with AJ Satit comments. The process goes step by step, at the present time due to the covid epidemic, everyone's life and activities are affected, so the inner monologue alone is suitable for the social context. In the past, people used to go to restaurants, public places, etc. There should be a change in context or a space that is more indigenous and culturally specific. Should develop in the direction of this painting.

Asst. Prof. Dr.Kanokwan Nithiratphat : In this painting, it's starting to become

clear rather than expressing the inner monologue, wherever people go, they can also express that inner monologue, not necessarily in crowded places such as coffee shops, office, supermarkets... everywhere. It is necessary to consider different spaces, the size of the painting must also be different, so it is richer in size.

Asst. Prof. Dr. Adool Booncham: Must deal with more spacious space, Not as frustrated as it is now, the large space can see more loneliness and the smallness of people more



Figure 49 Thesis work 4

Title : Monologue night

Size : 150cm X 160 cm

Technique : Oilcolor on canvas

## 5. Thesis work 5

5.1 Idea/Concept: Out of love and admiration for him, a multi-talented artist struggling with creative ideas, he exudes freedom, liberty and soaring. Bringing the content of struggle and happiness in the compositions, Contained in an old form is an intense and youthful creativity, wrapped in a loose robe and scarf. It is the material for me to build and create paintings.

5.2 Form and Art style: Using shapes and motifs of Da Nang city to represent places and places, integrating some of the images he used to compose, create class and language shape in composition, through the expression of acrylic material, creating the fresh coolness of a river.

5.3 The Results : With the content of the theme being an inner monologue, the Space has been improved and shows the location, conveys personal emotions, portrays the character's personality through shape, combines between Real and fake images, contrasting arrays between light and dark, creating depth of space, better solutions.

5.4 Progress: The solutions of space and place to express inner feelings are continuously developed, the technique of expression is based on previous works. The surface of the painting is carefully treated with light, dark, and light arrays arranged and pressed to create the clarity and coolness of the river.

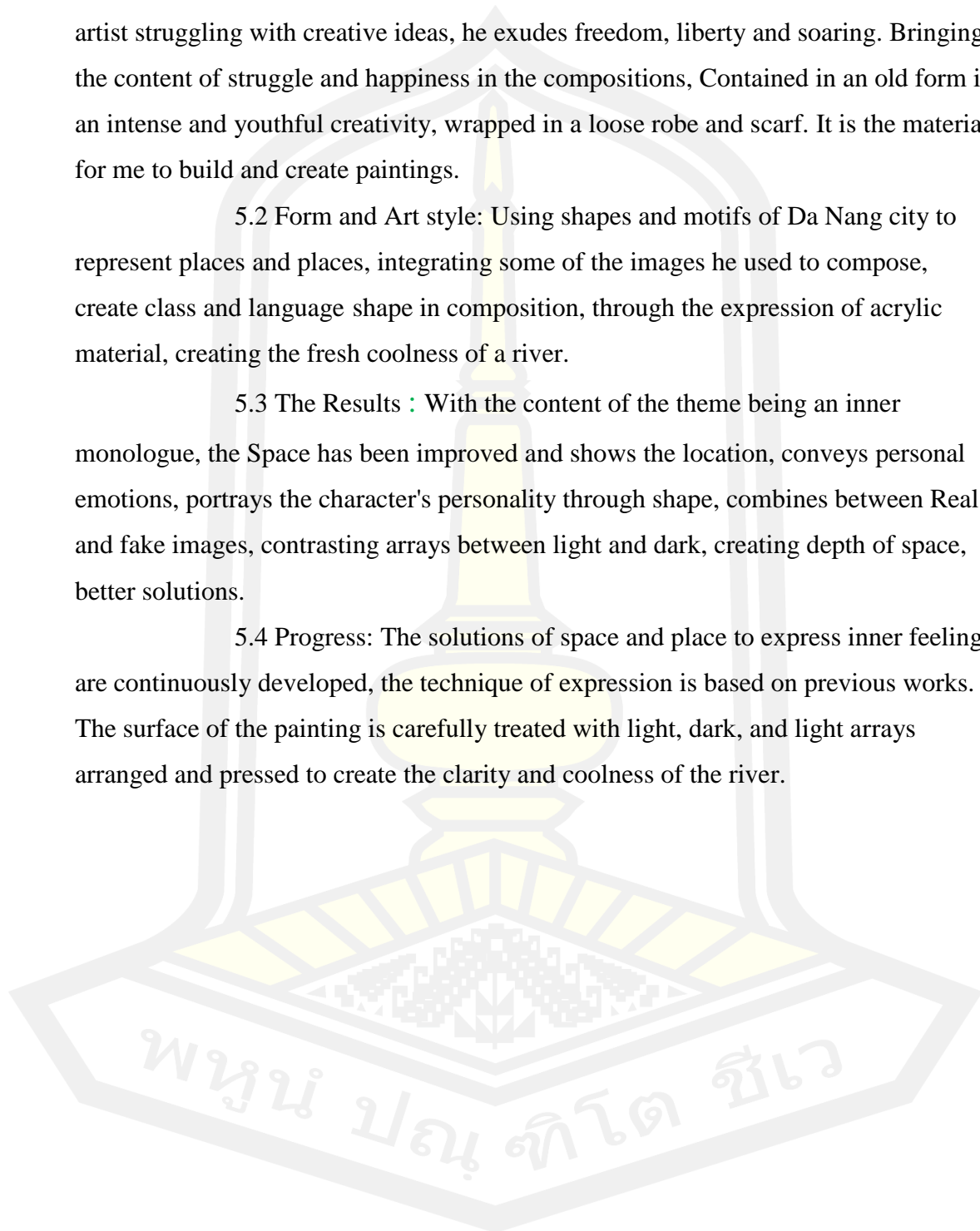




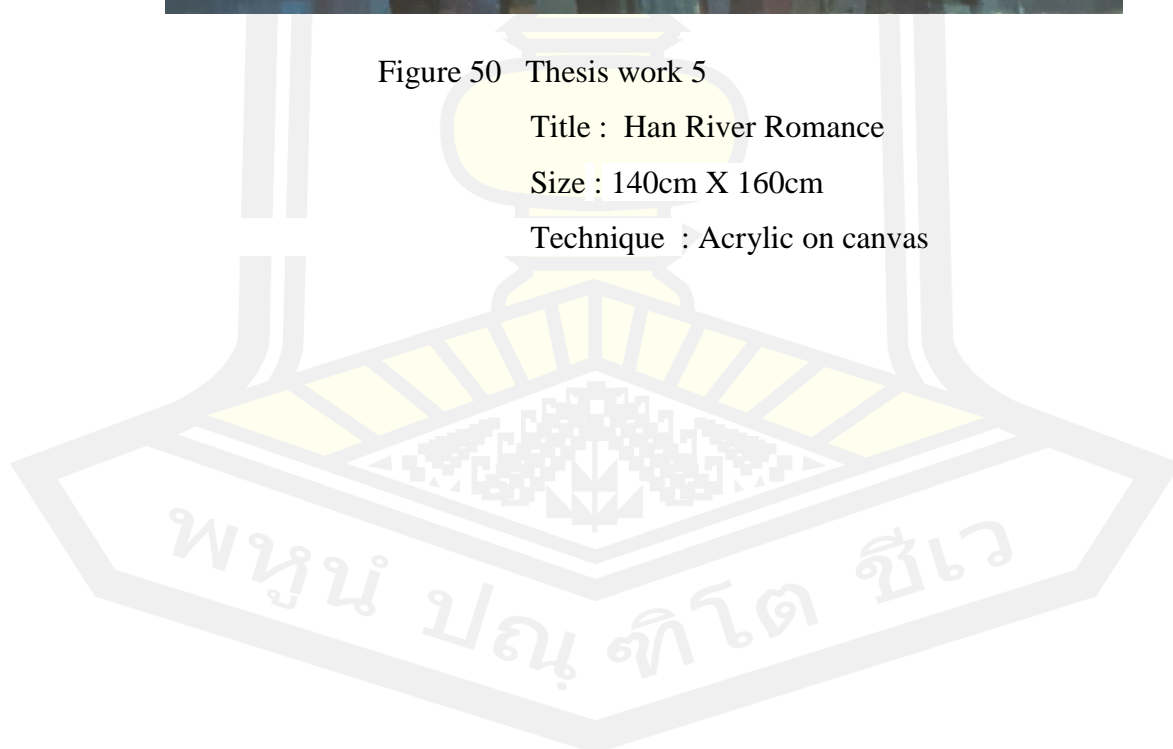


Figure 50 Thesis work 5

Title : Han River Romance

Size : 140cm X 160cm

Technique : Acrylic on canvas



## 6. Thesis work 6

6.1 Idea/Concept: During the covid pandemic is and has happened, every work is delayed, people seem to live slower, care about each other and worry, with that idea and emotion I built a layout arranged in a small space. Think of emptiness.

6.2 Form and Art style: Take a picture of a musician are sit and watch the light dance around you, the composition splits in half, creates a certain distance for a while, applies color overlapping techniques and presses creative streaks to create movement. impressive style.

6.3 The Results : By techniques and arrangement of images, the The solution of the near and far space creates depth for the painting, conveys the monotonous emptiness, creates the concentration of the character's thoughts, the light streaks are distributed in several places to create movement. , reminiscent of the low and low tones of the melody that the character is pursuing and grasping.

6.4 Progress: In paintings that already have spatial depth, there is Rhythm More subtle tones and colors, better technique. further development so that the paintings in the coming period have better space, the color changes according to different moods and thoughts.

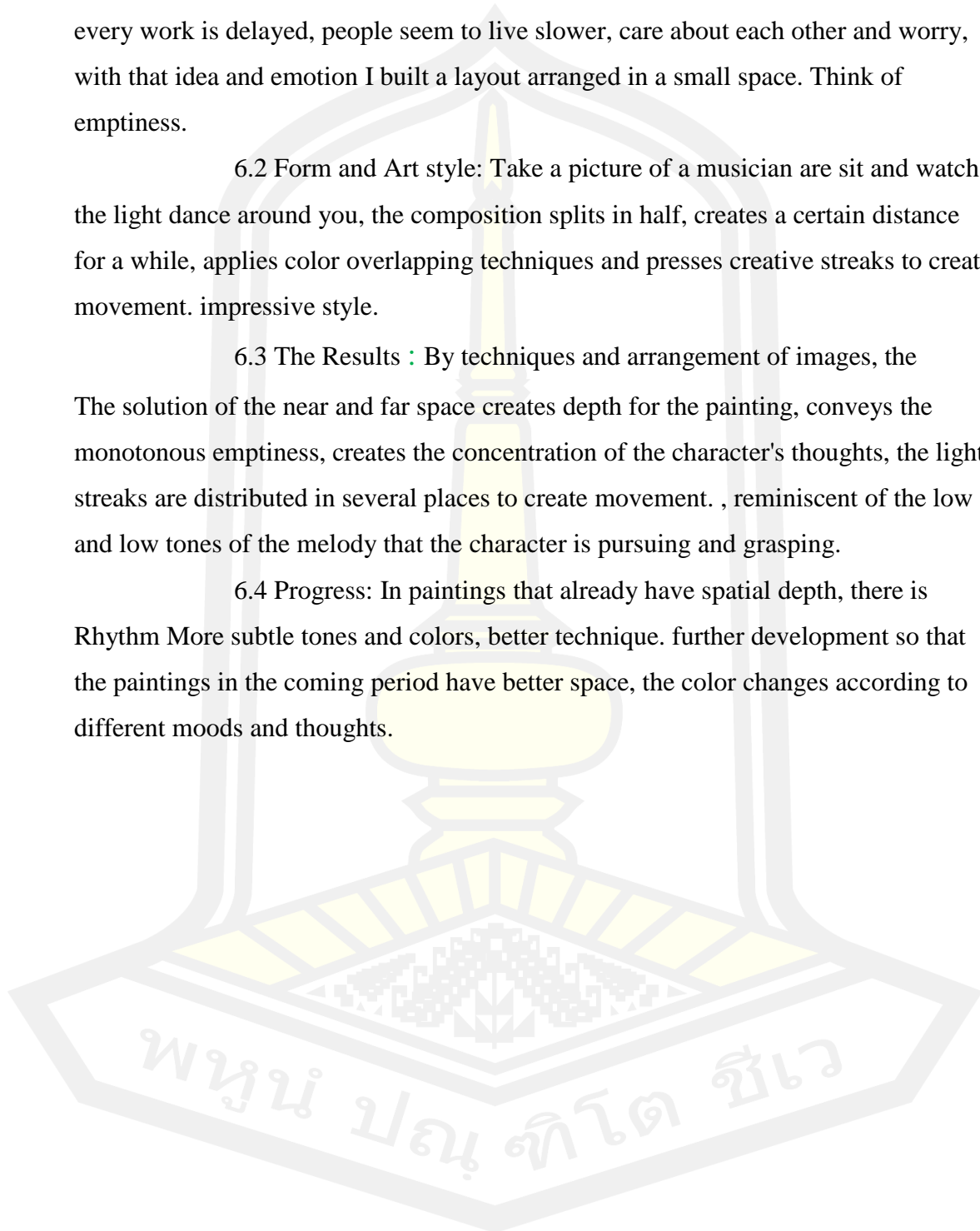


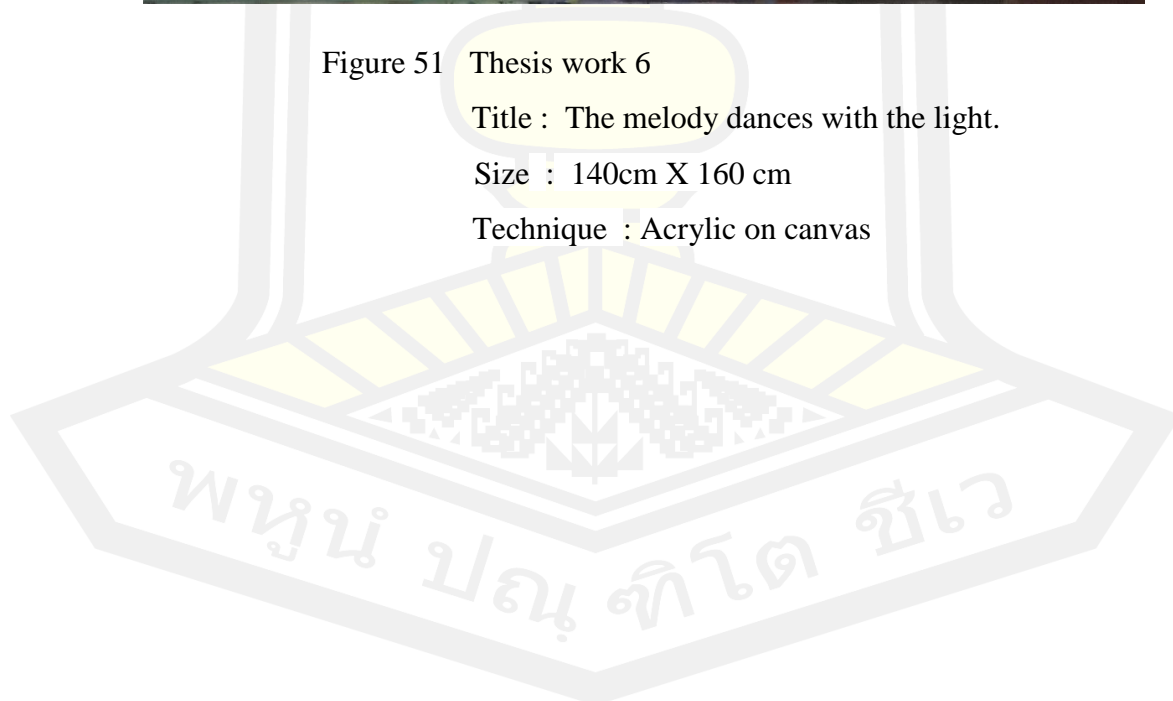


Figure 51 Thesis work 6

Title : The melody dances with the light.

Size : 140cm X 160 cm

Technique : Acrylic on canvas



## 7. Thesis work 7

7.1 Idea/Concept: A lonely image when the covid epidemic took place, At this time, people have many different feelings and thoughts from those thoughts, which evoked in me the general idea to form this painting, through the most honest imagination and emotions to create.

7.2 Form and Art style: The form is generalized and condensed, the Space is in the direction of time in an apartment complex, diverse colors and lines create the movement of time, interpreted through color and impressive style, which gives a feeling of emptiness and emptiness, Creates the main monologue with the scene.

7.3 The Results : The relationship between space and character image creating a lot of clear emotions, the colors and lines create an optimistic reflection on life's problems, sometimes it's enjoyment, enjoying a taste, this painting conveys the content. The content and meaning needed, it creates the right emotion with the theme of the monologue of the narrative and the interior.

7.4 Progress: The paintings in this period are the most complete determined. have a separate content and emotion, express the mood and follow the right theme, have better developed technique and color and more sentiment.

- Asst. Prof. Dr.Kanokwan Nithiratphat: The paintings that are on the right track are monologues in silence, the content of the story presented should not be narrated and too detailed and unnecessarily specific, so it should be adjusted in terms of presentation content, colors and details. Using visual elements is fine.

- Asst.Prof. Satit Tesana: There is praise, fieldwork and fieldwork to collect information on artists and specific situations for practical purposes, but it is necessary to evaluate and reconsider where it is advisable to generalize, review the Different postures and movements are good, but how the movements and postures, body language must match with your topic and ideas.

- Mr. Sakchai Utthitho : The painting has added and added content in terms of content, but lacks elements of Vietnamese place and space, soul and identity. Iconic characters, Background are two factors that need to be more focused, showing the typical Vietnamese style, combining Western images and Vietnamese Background



through perspective, environment ... In the current painting only see the visual elements, color, light. Through the Background showing the content and form, the story, unique characteristics and soul of Vietnam (Da Nang) will be better.

- Mr. Yuthana Paigaphat : Through the painting shows sadness, a little hope, The tone from beginning to end is a sad tone, which can change in location and image. In some of the paintings there have been changes, but nonetheless it is still in a tight space, Should change in terms of indoor, outdoor, different locations.



Figure 52 Thesis work 7

Title : Quietly in the apartment

Size : 140cm X 200cm

Technique : Oilcolor on canvas.

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## 8. Thesis work 8

8.1 Idea /Concept: Man in a room when the covid pandemic is going on complicated, at the present time, the conflict is happening between the two countries, making people more interested, which evoked in me the idea to form this work, through the own thoughts and feelings.

8.2 Form and Art style: The form is generalized and condensed, in the sitting form of a man, the space is directed in a room, with lines a diverse array of pieces, creating fragmentation, fragmentation and fragmentation, interpreted through color and impressive style. gives a feeling of emptiness and emptiness, reveals surprise and bewilderment... Creates the main monologue with that scene and space.

8.3 The Results: The relationship between space and character image creates a wide range of emotions, colors and lines create reflections on problems in life, society and the world. Sometimes it's a reflection on the world, a little bit of disappointment and anxiety, this work has conveyed the content and meaning it needs, it creates the right emotion with the theme of inner monologue. .

8.4 Progress: Works in this period were developed based on previous works have a certain perfection. bring a separate content and emotion, express the mood and follow the right theme, better developed technique and color with more spatial and emotional depth.

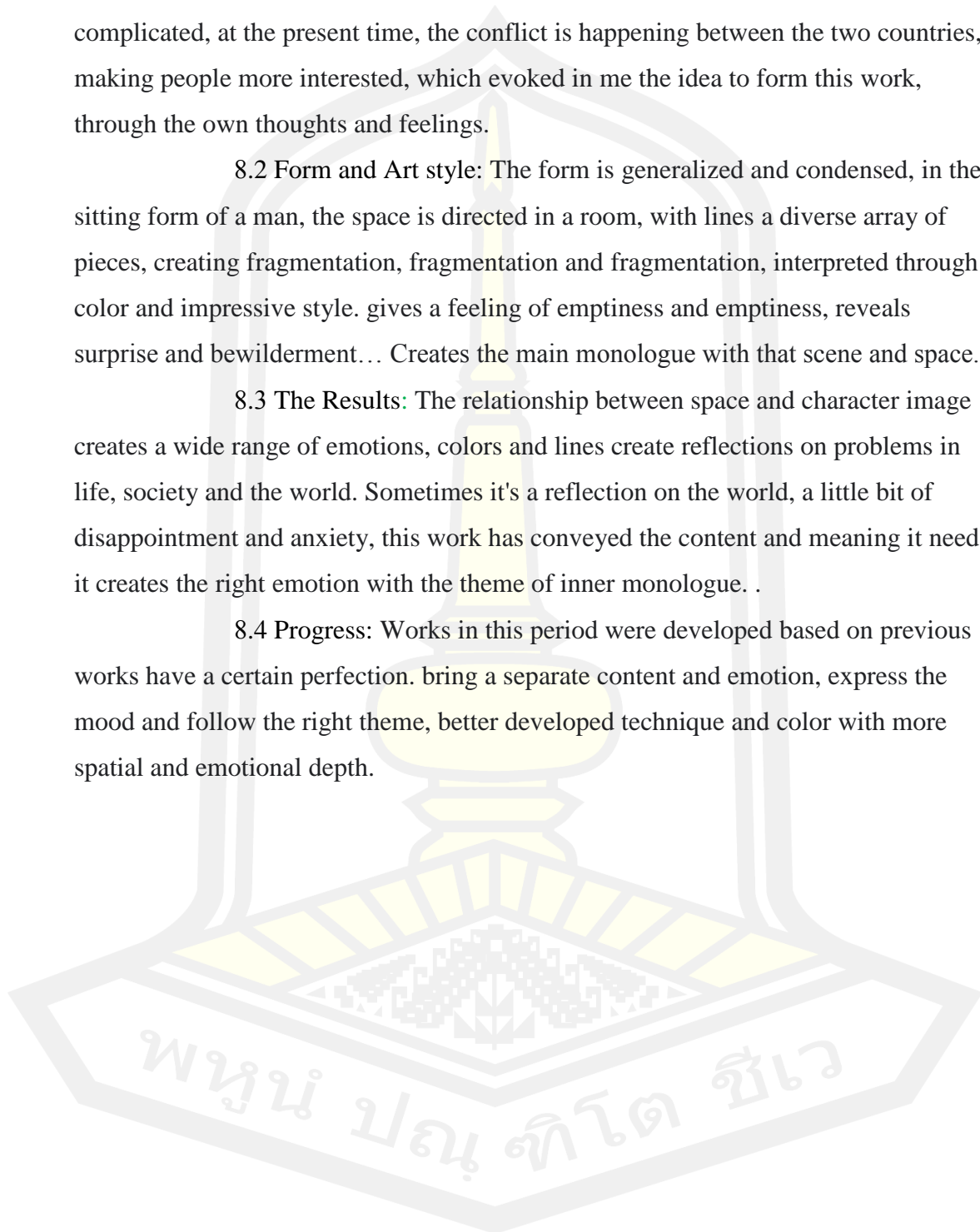


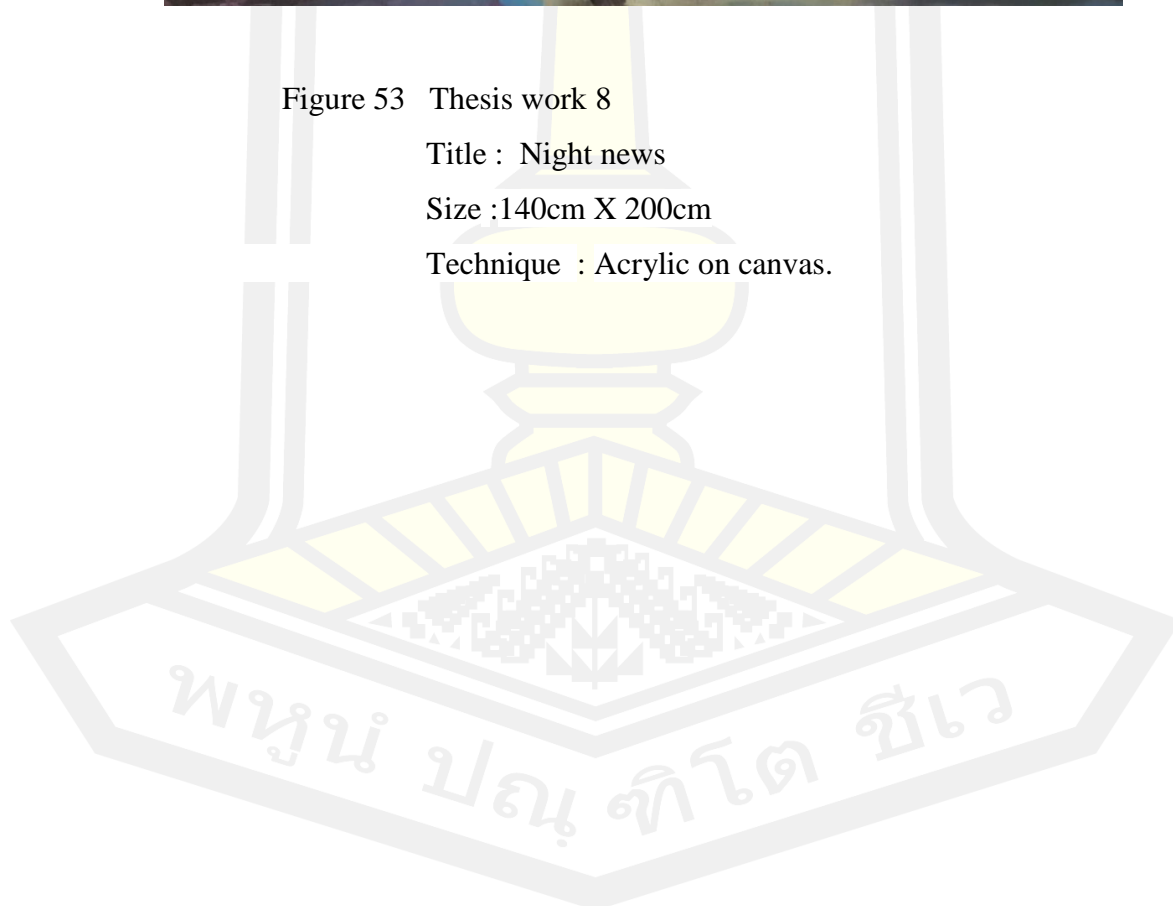


Figure 53 Thesis work 8

Title : Night news

Size :140cm X 200cm

Technique : Acrylic on canvas.



## CHAPTER V

### CONCLUSION DISCUSSION AND RECOMMENDATION

This chapter examines the extent to which the study problems have been resolution by the work, study and how the findings add to the existent literature. Conclusion about the creation purposes and the creation resolution are drawn based on the results findings. It will be presented according to the following topics:

1. Purpose of Creation
2. Conclusion
3. Discussion
4. Recommendation

#### **Purpose of Creation**

1. To study: Inspiration starts from the experience in daily life and the places that we have been to, passing and living, In a society that is always bustling and hectic, somewhere else there is another space in a narrower urban area that is an alley, still taking place in slow rhythms, less whirling in accordance with the general trend, it coexists with the bustle of the city, the daily life is still going on with different jobs and professions. Bringing all the emotions of joy and anger, of a day, but gently and slowly without the hustle and bustle, it contrasts with the excitement on the outside, as the inner personality of a person. People are sometimes lively and noisy, sometimes contemplative.

The sound of the city becomes as habitual as the breath of everyone's life. I exploit that turbulence and chaos with contemplative monologue, still in the inner and experientially opposing sound series. Interweaving, observing, contemplating, distilling and concluding and letting go.

The string stretches throughout, with abstract ephemeral concepts such as lines of thought, innocent and clear colors overlapping and appearing, the entanglement and interlacing of arrays, contours, light... To describe the inner depths of people.



Urban life with many levels and colors, up and down lines create a multi-dimensional, multi-emotional, multi-language with different ups and downs creating a natural, harmonious layout and impressive in both content and form.

The movement of people, the light of the night, the climate and the environment are the catalysts that create many strong emotions and inspirations for me to exploit and create the inner movement and movement.

2. To create the visual arts which was : Thoughts and experiences in life are the elements to build and form your own paintings. Expressed and narrated through paintings, I exploit all aspects of urban life where I live, with inner emotions through colors and lines. Layout and materials such as acrylic, oilcolor, combine techniques, impressionistic and semi-abstract forms, to convey the content that the topic is directed to is the inner inner heart of each person, thereby wanting giving viewers the most genuine emotions that when looking at people can feel, sympathize and see themselves in it. Clearly see the value of slow life, the value of relaxing moments, enjoying the flavors of life, enjoying the peace of mind, Towards the holy and perfect beauty.

### **Conclusion**

This creative visual art thesis with the theme "Conversation in Silence". Derived from inspiration from my own experience of space, culture and behavior. The place where I live, The concept of creation is based on the feelings, thoughts and imagination of the individual, generalized and exaggerated through paintings of art, In order to express the desire to create a different perspective and value that is more meaningful in life. Inner monologue in silence, to be able to "listen to yourself" and the world around. These issues are presented in conclusion under the following topics:

1. Results of Data Analysis : Research results on postures while sitting, face narcissistic, the the inner state and mood of each person, it is linked to reciprocal interactions each other and form their own character and language of that shape, context and space space as well as sound, ambient light also contributes to highlighting and exuding Different stories from different layouts. The color and climate of the seasons of the year also influence and create the characteristics

different ways and moods, contradictions and inner conflicts of each individual, such as day and night, sunny weather, the beauties of visual elements from the mold shape angular aspects of poses at many angles, space and time through lights. Different colors create many emotional dimensions, combining deep colors, or light colors, gentle lines, strong ends definitively to describe the sadness fun, or mix and match to descriptions highlight the central theme.

2. Results of Creation: Through the learning process along with feedbacks, discussion and suggestions from advisors and experts, personal research in the form of artistic experimentation, expressed through works of art, I want to send the message that society is always in motion. Constantly moving and always noisy, but each of us needs time for our own silence, sometimes we should stop to change, listen to our body, our heart and enjoy the flavors as well like the sound of life. The inspiration and emotions come from the actual environment where I live and was influenced by predecessor artists. This concept of creation is a bunch of 08 artworks based on emotions and feelings. Personal thinking is expressed through the main content throughout, which is stillness, peace of mind, self-talk, silent monologue, listening to the sounds around you, arrangement and integration. The most stylized and generalized shapes reveal the theme and story content of each painting based on impressionist and semi-abstract art forms. According to the concepts and influences I have composed with my feelings and understanding of the same subject matter but different methods and expressions suitable for each particular painting. The steps have had their desired development and are gradually on the right track. The work has had specific and clear results through paintings 01 to 08. It can be said that all are conceived, conceived, and expressed strictly, according to a scientific and reasonable process. The paintings are the full exploitation of the use of the element of lines, pieces, colors and techniques. All harmoniously form a complete whole with creative content, ideas and purposes.

## **Discussion**

The results of creativity have been discovered, which indicate:

1. Results of Data Analysis: From the data collected through the

Information sources, documentary data, influence from creative activities of Vietnamese and international artists such as: Painters Tran Luu Hau, Nguyen Khanh Toan, Painters Paul Cezanne , Vincent van Gogh (Netherlands), Edgar Degas (France). Paul Gauguin. More or less I have had a strong influence and sympathy through the contents, spatial images and color of lines as well as their style, In the book "Silence: The power of silence in a noisy world." Monk Thich Nhat Hanh has a passage that was written that "It is a miracle to live, walk on earth and exist, but we run to find happiness in a faraway place like there is somewhere good. more beautiful than that, we spend a lot of time looking for happiness while the world around us is full of mysteries, the beautiful drawings of heaven and earth are calling us every hour and every day but we rarely hear Yes, to be able to feel and hear we need silence. If we don't have the silence ourselves, our bodies and minds are noisy and chaotic, we can't hear the call of that beauty. There is an active radio station in our head, it's NST (Non Stop Thinking) radio - our thoughts are constantly on, our mind is full of noise) so we can't hear the call of life, the call of love, my heart is calling to me but I do not hear. I don't have time to listen to my heart."

The American novelist, literary critic, and psychotherapist Paul Goodman once stated that: " There is the stupid silence of indifference, the profound silence of awareness to nourish the soul...and the silence of harmony with others or communion with the universe."

Kant said, "Beauty is the harmony between the natural world and the spiritual world, between imagination and reason." It also contains mysterious spiritual colors. It is not in this world but is higher above the world, no one can touch it but can only feel it, towards it. Silence is the space of mental activity. Thanks to that, there are masterpieces, nobility, understanding, maturity, recollection... Writer W. Goethe identifies: "Talent is nurtured in solitude, while character is created by the raging waves of life's storms." Seeing other people meditating, should not interrupt their line of thinking. Silence at that time was really necessary and meaningful.

Derived from some of the points and creations of the aforementioned artists, from personal emotions, explorations and practical experiences through creative experiments. From there, paintings were formed and developed according to the following processes and stages: Making sketches based on thought and calculated

imagination, finding the right techniques, style of expression and then the work related to the painting of representation such as shape, structure, lines strokes and colors, time and place...

2. Results of Creation : During the research and creating, I have gradually formed and have basically shaped my own style. Some paintings have conveyed some emotions, content and closely related to the research topic. Throughout the creative experimentation in this period, the focus is on the content of stillness, contemplative monologues, listening and contemplation towards inner peace and relaxation, with the influences of the themes Impressionist, post-impressionist and semi-abstract meanings are intertwined. Inspired by the content and form of expression from a number of paintings such as the “ The Boy in the Red Vest” by Paul Cézanne. He painted four oil-painted portraits of this Italian boy in a red vest, all starting with the boy's different moods and poses, which allowed him to study relationships. relationship between the figure, the colors, the pieces, and the space around it. Or the content in the painting: “Two Women Sitting in a Bar” (1902) Describes two girls from behind sitting in a bar, one seems to be drunk, has a feeling of being in a lonely i'm wondering about it, i'm not sure, the girl sat with her head bowed as if waiting for something that won't come tonight . The artist picasso conveyed, what he could see was not only two withered backs but also sadness in his heart. Under the neon light, the color streaks on the two girls' backs seemed to move slowly in the blue color, creating a cold and lonely feeling. Expressive forms to express emotions and content in the paintings of artists have had a strong impact on my emotions, creating excitement and excitement to experience, study, learn and operate. Using it in my paintings to bring it closer to what I want, I have been able to convey my emotions based on the lines and expressions of shapes and faces... through her paintings. themselves, the following paintings always rely on the previous painting, take inspiration and the previous paintings have not been edited to gradually perfect and thus form a continuation throughout the creative process. Kahlil Gibran, a famous American writer and philosopher once said: “Although the tumult of language like a tidal wave will forever be at our surface, the depths of our souls are forever quiet” in a sense this is consistent with My themes, in my inner paintings, are exploited and expressed through different angles, depending on the content of each



individual painting, to use lines, colors, light and dark streaks (Fast and slow). , overlapping, short, long, straight or random...) involves the imagination and the flow of thoughts and emotions at that time, drifting along with the content and topics you are pursuing and aiming for by means of different transmission effects.

The quiet space of the night, the side of a cup of coffee and its taste plus autumn make it easier for people to express and express their emotions, more clearly and specifically, through body language, the seasons also create The space and color of my own feelings and moods are inspired by two verses of poet Nguyen Du:

“What scene does not wear sadness  
How could it be cheerful when one was in grief”.

It is the specific impact of landscape space and people, conveying the love and intentions of the characters, the season also affects through the songs of musician Phu Quang in the song "Em ở i hà nộ i phố " with paragraph: “...I still have you orphaned tree in winter, I still have you on the roof of the orphaned town in winter, the orphaned moon in winter, that winter, the sound of the piano in the house falling down, after the funeral, the stars still echo the sound of the stars. The bell rings, I have you a time blue...”. Therefore, in the creative process, I always combine surrounding elements to further resonate to highlight the content to be conveyed as in the paintings " Quietly with golden autumn" and " Monologue night" . Art researcher - critic Le Quoc Bao wrote "Artwork not only reflects the outside world, but more importantly, it also expresses the inner world - the inner world, the psychology of the characters created by the artist. the artist describes, the artist's own psychology - the artist discovers and addresses the problems of social psychology". through which I find that the paintings “ Han River Romance” and “Quietly in the apartment” are consistent with theses.

3. The new finding/ the new knowledge: Research process I have had my own experiences, all stages and steps from collecting and researching to ideas, plot content, line colors... The forms of expression must be thinking, filtering, absorbing and understanding in the most profound way maybe to form in your own thinking, not being too attached to theories and trends, schools... But let's drift with your emotions, soar and follow the stream of thoughts at the morning time. Only then will the creative results reflect the personalities and characteristics of the individual, making

them different, more natural and emotional, because according to the general concept, colors as well as lines have different characteristics. its own mood, nuance and language of expression. Therefore, every stage to form a certain painting requires careful and skillful preparation, based on many different influences and researches to form a personality and style of its own. the dancing freedom of emotions.

#### 4. The effects or reaction on social or technical field

The beauty in art more or less brings certain values of truth and beauty, but usually in painting works it is necessary to empathize and feel more than that which is the invisible string connected between the two. creators and viewers of the painting, does every painting as it emerges have its own merits and any impact or reaction from society, or from academia? In the current information technology era, bringing information to viewers and spreading it is too quick and easy. But in my personal opinion, apart from my own feelings, the core problem still the cultural style, the important factor is the economy and the public's aesthetic perception in art in general and painting in particular.

#### Recommendation

With the results obtained through this research, I think that it can be further developed and deepened, when the inner problem of a person is still too mysterious and complicated, it can be explored. Explore more and delve into a specific topic in your own emotional state of anger and rage through dialogue with yourself through other forms and forms of expression in the visual arts.

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